

Winnisquam Echo

THURSDAY, OCTOBER 24, 2019

SERVING TILTON, NORTHFIELD, BELMONT & SANBORNTON, N.H.

FREE

Selectmen hear update on police station project

BY DONNA RHODES
dhrhodes@salmonpress.news

TILTON – Kevin LaChapelle represented the Tilton Police Station Building Committee last week at the Board of Selectmen’s meeting, where he provided them with an update on the committee’s work for a new police station to be built on land purchased off Route 132 this past March that they hope will meet town approval in March of 2020.

“We’re hoping to set up a play at Town Meeting that will hit a homerun,” he told the board.

Some of the town’s

selectmen have been attending the commit-

tee’s meetings and have helped in their decision

making process. They recently sat down with

Milestone Group to go over the numbers for

what they had in mind SEE UPDATE, PAGE A10



DONNA RHODES

Nor’Easter wreaks havoc on Winnisquam region

An overnight nor’easter on Oct. 16 & 17 left many trees, wires and utility poles blocking roads throughout New Hampshire and in the Winnisquam region bus companies were scrambling to advise parents of temporary pick-up points for students living in affected neighborhoods. During the height of the storm, the National Weather Service reported winds reached as high as 50 m.p.h., causing power outages in numerous locations. As much as three-inches of rain also fell in the overnight and morning hours. Besides police, fire and utility crews, highway departments responded to many calls for trees blocking the roads, such as this one on Burleigh Hill Road in Sanbornton. By Friday morning most of the damage had been cleaned up or repaired and roads were reopened to traffic.

Local photographers tour seacoast gardens

NORTH HAMPTON — A recent field trip was attended by member photographers from the Lakes Region Art Association/Gallery to Fuller Botanical Gardens, located on the seacoast in North Hampton.

The Gardens feature a formal rose garden, Japanese garden and English perennial plantings. It was, as one of the photographers jokingly said, “a blooming good time.” They spent the better part of the day taking photos of flowers and plants, capturing the beauty of the horticulture there.

Team leader and LRAA member Ellen Goddard Jacques, plus the team, expressed their thanks to Fuller for allowing them the opportunity to photograph their gardens. Goddard is pleased

to announce there will be an open to the public reception for displaying these photos at the LRAA Gallery, Nov. 9, from 5-8 p.m. Those who participated were: Jacquelyn Sandstrom, Linda Murphy, Kat Morgan, Carolyn Sharp, Jeanette Robichaud, and Steve Robichaud.

The evening will be a dual reception featuring photos by LRAA member Jay Fitzpatrick, who will display his many photos taken throughout

SEE GARDEN VISIT, PAGE A12



Halloween Trick or Treat Times on Oct. 31

Belmont – 5-7:30 p.m.
Franklin – 4-8 p.m.
Northfield – 5-8 p.m.

Sanbornton – 5-8 p.m.
Tilton – 5-8 p.m.
Families are also

invited to the Sanbornton Fire Station between 4-7 p.m. on

Thurs., Oct. 31, where the Sanbornton Fire Relief Association will be kicking off the Halloween fun with their annual Decorate the Pancake Dinner. The dinner will include pancakes (gluten free also available) along with decoration goodies, Sanbornton-made maple syrup, juice, milk and coffee. The meal is made available by donations only. Youngsters will also be able to get an up close look at the trucks and speak with the men and women of SFD. Following the dinner, and in addition to traditional

SEE HALLOWEEN, PAGE A10

Local greenhouse specializes in hydroponic gardening

BY DONNA RHODES
dhrhodes@salmonpress.news

SANBORNTON – Fall is the time when many gardeners are reaping their harvests, clearing their fields and preparing them for the winter months, but for one woman in Sanbornton, it is the time for tending her crops and looking toward a winter of growth.

Heidi Horman is a hydroponic farmer who grows a variety of lettuce that is pesticide-free and has higher nutritional value than lettuce grown in traditional fields throughout the summer months, she said.

Horman began her interest in agriculture when she noticed many produce items in her local store were imported from Mexico and other southern climates in the winter. Doing research on agricultural practices of those areas, she discovered they use pes-



DONNA RHODES

Heidi Horman, owner of Granite State Greens, demonstrates how easily she harvests her hydroponic, naturally grown lettuce from her greenhouse in Sanbornton. These vegetables all came from so far away and no one knows what was used on them,” she said. Living in Massachusetts at the time, she researched better ways to produce crops and soon began a small hydroponic garden in her basement. In 2015, she and her

SEE HYDROPONICS, PAGE A12

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HALL MEMORIAL LIBRARY

Tilton/Northfield
Monday, Oct. 28
Chess Club, 2-4 p.m.
Crime Junkies Book Group – “Our Kind of Cruelty: A Novel” by Araminta Hall - “A spell-binding, darkly twisted novel about desire and obsession, and the complicated lines between truth and perception. This is a love story. Mike Hayes fought his way out of a brutal childhood and into a quiet, if lonely, life before he met Verity Metcalf. V taught him about love, and in return, Mike has dedicated his life to making her happy. It doesn’t matter that she hasn’t

been returning his e-mails or phone calls. It doesn’t matter that she says she’s marrying Angus. It’s all just part of the secret game they used to play. If he keeps track of her every move, he’ll know just when to come to her rescue . . .” (Amazon)

Tuesday, Oct. 29
Spanish Club, 10 a.m.
Tech Tuesday, 2 to 4 p.m.

Wednesday, Oct. 30
Storytime, 10:30 a.m.
For preschoolers and a caregiver. Stories, rhymes, crafts, and fun with Miss Julie.

YaH Book Group, 4 p.m. – “Evvie Drake Starts Over” by Linda Holmes - “In a sleepy sea-

side town in Maine, recently widowed Eveleth “Evvie” Drake rarely leaves her large, painfully empty house nearly a year after her husband’s death in a car crash. Meanwhile, in New York City, Dean Tenney, former Major League pitcher and Andy’s childhood best friend, is wrestling with what miserable athletes living out their worst nightmares call the “yips”: he can’t throw straight anymore, and, even worse, he can’t figure out why. As the media storm heats up, an invitation from Andy to stay in Maine seems like the perfect chance to hit the reset button on Dean’s future. When he moves into an apartment at the back of Evvie’s house, the

two make a deal: Dean won’t ask about Evvie’s late husband, and Evvie won’t ask about Dean’s baseball career. Rules, though, have a funny way of being broken—and what starts as an unexpected friendship soon turns into something more. A joyful, hilarious, and hope-filled debut, Evvie Drake Starts Over will have you cheering for the two most unlikely comebacks of the year—and will leave you wanting more from Linda Holmes.” (Amazon)

Thursday, Oct. 31
Tarot Readings with Nancy, 10 a.m. to 6 p.m.
All day, Nancy will be offering 3-card readings.

(\$5 fee)
Halloween Party, 2 to 5 p.m.
Want us to paint your face or help with make-up? Or join us for games and the chance to win candy! Stop in for some Halloween fun at the library! And we are open until 8 p.m., so we’ll have treats at the Circulation Desk. And it’s your last chance to enter the Candy Corn Contest and Moon Memories Display raffle.

Friday, Nov. 1
Dia de los Muertos Celebration, 10 a.m. to 6 p.m.
Join us for a Day of the Dead celebration!
All day - Coloring and

simple craft activities
10:30 a.m. - Pre-K Storytime
11:30 a.m. - Adult Craft (Flower Headbands)
Noon - Movie (Coco)
2 p.m. - Afternoon Tea
4 p.m. - Elementary Storytime
4:30 p.m. - Kid + Teen Craft ages eight and up (Felt Skulls)
Sit and Knit, 2-5 p.m.

New Items
“Imaginary Friend” by Stephen Chbosky
“Tuesday Mooney Talks to Ghosts” by Kate Racculia
“Outfox” by Sandra Brown
“Quantum: A Captain Chase Novel” by Patricia Daniels

2019 Salmon Press

Holiday Gift Guide

Published Thursday, November 28th

Gift Guide West
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Newfound Landing,
Winnisquam Echo
& Gilford Steamer

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Professional artist and art instructor Tom Hitchcock, to teach the basics of drawing. His Open Drawing Classes to the public, begins Oct. 26 thru the month of Nov. at the Lakes Region Art Association/Gallery, Tanger Outlet Mall, Suite 132, 120 Laconia Rd., Tilton.

Artist Tom Hitchcock to teach basic drawing at LRAA Gallery

TILTON — “Once you’ve learned how to draw, and anyone can, ‘It’ll open the doors’ to becoming an accomplished artist in any medium you choose.”

This statement by award-winning professional artist Tom Hitchcock is for any artist ‘wannabe’ to realize, even if they think they have little or no artistic skills, but are willing to give ‘it’ a try.

Learning to draw involves a few basic principles that anyone can learn, such as understanding perspective, light and shadow,

basic shapes, and composition.

These elementals will be taught by Hitchcock, a member of the Lakes Region Art Association, at the LRAA /Gallery beginning Oct. 26 through November at his ‘Open Drawing Classes.’ It allows people to come to the Gallery on a per weekly basis for personal, one on one, drawing instructions and critiques.

“I’ll spend as much time with any student that’s needed, to help them to accomplish results we’ll both be proud of,” Hitchcock promises.

All classes are held Saturdays from 10 a.m. to noon. Class size is limited. To register: tom@hitchcockproductions.com, 496-6768, or visit the LRAA/Gallery, Thursday-Sunday, 10 a.m.-5 p.m. and register.

The LRAA/Gallery is located at Tanger Outlet Mall, suite 132, 120 Laconia Rd., Tilton.

The Lakes Region Art Association/Gallery is a non-profit organization dedicated to the promotion of the arts and for the joy found in painting and photography.

TILTON POLICE LOG

TILTON — The Tilton Police Department responded to 394 calls

for service and made the following arrests during the week of Oct. 7-13.

Arrested during this time period were Paul Loukedes (for Disorderly Conduct), Eric Morin (in connection with a warrant), Robert Chartier (for Theft), Kelsey Naroian (for Criminal Trespassing), Adam

Lapierre (for Driving After Suspension), David Demirai (for Possession of Drugs), Leah Storey (for Possession of Drugs), Joseph Harvey (for Possession of Drugs), Travis Hillsgrove (for Criminal Threatening), and Tyler Morin (for Possession of Drugs).



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		JOKER PG Fri.-Sun.: 1:15, 4:15, 7:15, 9:50 PM Sun.-Thurs.: 1:15, 4:15, 7:15 PM

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Opinion

A4 Thursday, October 24, 2019

WINNISQUAM ECHO

STRATEGIES FOR LIVING

Chuck Colson: His story

BY LARRY SCOTT

It was a grey overcast evening when Charles Colson, caught in the middle of the Watergate investigation, drove up to the home of Tom Phillips, a respected friend, and successful businessman. Settling in on the back porch with a glass of iced tea in hand, they began to discuss where life was going for each of them.

In his book, "Born Again," Chuck Colson writes of the dramatic change that came into his life that evening. In his words,

"I am not doing too badly, I guess," said Colson. ... "But I'd rather talk about you, Tom. You've changed and I'd like to know what happened."

'The success came, all right, but something was missing,' he mused, 'I felt terrible emptiness.' I don't understand it, I interrupted. ... You were a straight arrow, ... everything in fact going your way. 'All that may be true, Chuck,' Tom responded, 'but my life wasn't complete. ... [T]here was a big hole in my life. ... One night I was in New York on business and noticed that Billy Graham was having a Crusade in Madison Square Garden. ... What Graham said that night put it all into place for me. I saw what was missing, the personal relationship with Jesus Christ, the fact that I hadn't ever asked Him into my life, hadn't turned my life over to Him. So I did it - that very night at the Crusade'" (pp. 108-110).

Colson was impressed, and they talked well into the night. Chuck began to "get the message" but held off pursuing the matter any further. Then Tom asked if they could pray together before Chuck left.

"As Tom prayed, something began to flow into me - a kind of energy. Then came a wave of emotion which nearly brought tears. I fought them back. ... As I drove out of Tom's driveway, the tears were rolling uncontrollably. ... I pulled to the side of the road ... [and] prayed my first real prayer: 'God, I don't know how to find You, but I'm going to try! ... [S]omehow I want to give myself to You.' I didn't know how to say more, so I repeated over and over the words: 'Take me'" (pp. 115-117).

Chuck Colson struggled. There were many questions, but he knew what he had to do. Some decisions are not easily made, but Chuck knew he could go on no further; he had to make a decision. So,

"[E]arly ... Friday morning, words I had not been certain I could understand or say fell naturally from my lips: 'Lord Jesus, I believe You. I accept You. Please come into my life. I commit it to You.' ... With those few words that morning ... there came something more: strength and serenity, a wonderful new assurance about life. ... I was coming alive to things I'd never seen before" (p. 130).

Chuck Colson's experience mirrors what I have been saying here. There can be no relationship with God except through Jesus Christ, but once one has the courage to invite his forgiveness and welcome Jesus Christ to be his Lord and Savior, it marks the beginning of a journey that is truly life-changing. For Chuck, it began with a simple prayer of surrender, but by that prayer, he met Jesus Christ on a personal level, and that changed everything!

Send your letters!

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COURTESY

Police Relief Association supports Children's Auction

WOW Trail President Allan Beetle accepts a \$500 donation from LPD Chief Matt Canfield and Captain Michael Finogle from the Laconia Police Relief Association at Saturday's Runaway Pumpkin event.

LETTERS TO THE EDITOR

Time for a change in Sanbornton's government

To the Editor:

My wife and I have been taxpayers in Sanbornton for 21 years. Since relocating to Sanbornton in 1997, I have always paid attention to the way our town has been governed. However, I have never witnessed such a mess as we are in now. One thing that seems obvious to me is that for the past five years, we have not had any cohesive leadership on our Board of Selectmen. Hence the rotation of 19 town positions during this period. I believe the only way we will dig our way out of this mess and unify our community is to elect two new members to the BOS in the upcoming March, 2020 election.

The key is to discern leadership qualities in potential candidates and encourage them to get in the

race. There is a political clique in our town that is faithfully committed to their agenda, and they never miss Town Meeting. This is very evident when it comes to voting on the budget. Electing two qualified members to the BOS will not be easy. There are a lot of insider dealings going on. A good example is the pushing out and replacement of our elected Town Clerk and Deputy Town Clerk by the Board of Selectmen.

Sanbornton's turn out on Election Day is normally 30 percent, and sadly, Town Meeting attendance is 7 percent. Is that acceptable to you? Let's stop being part of the problem and become part of the solution. Vote and attend Town Meeting.

Jack Robinson
Sanbornton

A report to the citizens of Franklin

To the Editor:

Chief David Goldstein Day was declared by Mayor Tony Giunta in recognition of the Chief's Congressional Career Service Award. Franklin is very blessed to have a man of integrity and dedication like David Goldstein. Click [HERE](#) to access part 1 of the Granite State Divide interview of the Chief with host Kathy Lauer-Rago. You may also access the podcasts at <https://anchor.fm/kathy-rago>.

Marty Parachand and Neil Cannon explained the amendment to increase the Franklin Falls Mixed Use Tax Increment Financing District. Planning, financing and then next... building!

The School Board will post their financial statements on the SAU 18 website beginning this month. They are also working on live streaming their meetings. We also learned that the Proposed Gender Discrimination Policy to comply with the newly signed law was written by the unelected School Boards Association. I requested that the Liaison Committee examine the policy for potential financial impact. You may read the proposed policy and Senate Bill at <https://www.sau18.org>.

Fire Chief Michael Foss explained in detail the procedures that were followed at a recent dual motor accident that required special equipment. The

situation was on Facebook citing a newspaper clip in which Assistant Chief David Hall commented that "extrication was prolonged due to limited manpower and equipment."

On Oct. 15, there will be a Special City Council Workshop featuring the Police Department at 6 p.m. at the Betsy Rowell Community Center. Join us to find out the status of the department, the limitations and needs.

The Franklin City Council and SAU 18 are hosting a Manufacturing Night at the Elks Lodge (125 S. Main St., Franklin) on Oct. 25! This is a free event that allows parents, students and community members to learn about job opportunities, both present and future, in the ever growing and quickly changing world of 21st century manufacturing from our manufacturing partners in Franklin.

Please help us spread the word. Franklin is on the move.

If at any time you would like to contact me, I can be reached at karen@sanbornhall.net or at 934-7111.

Blessings,
Karen Testerman
Franklin City Council
Ward II



BY MARK PATTERSON

Why does risk matter? The risk that I am referring to is investment risk made up primarily of market risk when dealing with equities or stocks and interest rate risk as well as credit risk when dealing with bonds or fixed income.

Concepts that I've expressed in previous articles, are dealing with quantifying risk and reporting returns. Let me talk about two portfolios made up with a variety

MARK ON THE MARKETS

It's just math

of asset classes. We can assign each portfolio with a standard deviation, (difference from the middle), which measures the volatility and a range of upside and downside of potential returns. Portfolio one has a wide standard deviation (more risk and potential return) and portfolio two has a lesser standard deviation.

Portfolio number one started with \$100,000 and had a wonderful first year return of 60%.

The second-year portfolio one sustained a minus 40 percent loss. The average return for this portfolio over two years is 10%. Not a bad return!

Portfolio number two started with the same \$100,000, a 30 percent

first year return but a 10 percent second year loss. Again, a 10 percent average return over the two-year span, again, not a bad return!

But let's look at the compounded annual growth which is measuring dollars not average returns.

Portfolio one, \$100,000 invested after one year is equal to \$160,000, 40 percent loss of \$60,000 brings our dollars down to \$96,000!

Portfolio two, \$100,000 with a 30 percent return equals \$130,000, followed by a 10 percent loss or \$13,000 brings us down to \$117,000.

I prefer portfolio number two, how about you?

So, you can see that bringing down the risk

or standard deviation in a portfolio will lead to superior returns of real dollars.

This concept very important not only understand, but to implement in your own portfolio especially as we approach a time in our lives that we may depend on these assets for income.

What these numbers illustrate is a simple concept of avoiding big losses which will almost always reduce potential upside. If your advisor is attempting to build your portfolio with a variety of non and low correlated asset classes, which will lower the standard deviation or volatility and risk in a portfolio, using very low-cost or

SEE **MARKETS**, PAGE A10

North Country Notebook

Birds, bobcats, and courage, and a seasonal note or two



By JOHN HARRIGAN
COLUMNIST

I've always admired two creatures of the wild for their pluck--the mother partridge (ruffed grouse) and the bobcat. I know, I know, "partridge" and "ruffed grouse" are not technically or scientifically interchangeable.

Still, to settlers from England, Ireland and Scotland, it was always "partridge," and the vernacular stuck. I can remember riding in to the logging camps at the junction of the East Branch and Deadwater Stream with Blondie Meserve, with a box of shotgun shells on the front seat, in easy reach. "Cartridges for partridges," he said with a big grin, even though both terms were, to the persnickety, incorrect.

A hen with a clutch of chicks traveling all around with her, learning how and what to peck at, will rush an intruder (you, startled

half to death) all puffed up, wings outstretched, hissing beak extended like a timber rattler. You back off, looking around for the Medevac copter.

And then there's the bobcat, which at an average adult male weight of 22 pounds or so is far smaller than you are, but doesn't seem to know it. I've had to come face to face with captive bobcats a couple of times, and they spent the entire time hissing, growling and spitting, and trying to think up ways to kill me.

+++++

On the subject of bobcats, I try to stick to in-state topics here but could not help noting a neat bobcat story from west of the Mississippi.

A father and son were fishing a remote pond in Montana earlier this month when a juvenile bobcat swam toward their boat, obviously struggling and in trouble, and the men sensed that it was about to go down.

They maneuvered their boat over to the cat and scooped it up with a big fishing net. They tried to dry it off and warm it up on the way to the landing, but it spent the entire time snarling, hissing and growling until they released it on shore.

+++++

Phone scam department:

I also avoid social issues in this space, but this topic hardly fits that description. It is a predator-prey situation.

New Hampshire has a higher percentage of elderly people than the national average, and the elderly are more prone to falling prey to fast-talking con-artists. Police all over the state often ask the media to spread the word about the most recent gimmick.

Twice now, I've received phone calls from someone purporting to be my grandson, in jail (in Mexico) and in need of money for bail and flying home, fast. The thing is, I have only one grandson, he's French-Irish, and he doesn't sound like he's from West Texas.

Other scams include fundraising calls from police or fire department "support" organizations (legitimate fundraisers are likely to be someone you know) and fly-by-night roofers and paving companies (ditto).

And then there are the "your rights under Medicare" outfits. These sound like government-associated companies on the TV ads, but are not. They offer benefits that are already available, at



JOHN HARRIGAN

The dog on the porch is Millie, in Scan Mode. The boulder is a glacial erratic, moved with hydraulics after 15,000 years up in Ancestors' Field. The picnic table is one of two, soon to be stored for the season. The shadow is more Millie.

extra cost. They are nothing but barkers for high-priced "benefits package" companies, shilling for extra services you'll have to pay for.

Seniors simply need to be warned about these calls. Children, grandchildren and great-grandchildren, do your elders a kindness with a few words to the wise.

+++++

Seasonal notes:

--We've had five or six good, hard frosts now. This is supposed to happen. It's the middle of October. Any day now: First snow, which won't stick because the ground's not frozen. Yet.

--It was a whale of a foliage season. The colors held on and so did the leaves, despite rain and high winds.

--The fine smell of wood smoke is ever more in the air.

--Water in dogs' dishes is frozen at dawn. So are the dogs, which say, like Cold War spies in the thrillers, "Time to come in from the cold."

(Please address mail, including phone numbers in case of questions, to campguyhooligan@gmail.com or 386 South Hill Road, Colebrook, NH 03576.)

It's Our Most Spooktacular Halloween Coloring Contest
Color it boo-tiful and you could WIN!

Grand Prize: Halloween Basket

Coloring Contest Rules

1. Color the picture using crayons, markers or poster paint.
2. All entries must be received at our office by October 28th at 4 p.m.
3. Winners will be chosen on artistic merit. Decision of judges is final.
4. Winners will be announced in this newspaper on October 31, 2019. All entries become property of this newspaper and can be printed accordingly.
5. Entries may be mailed or dropped off to the following address:

Salmon Press Halloween Contest
PO BOX 729
Meredith NH 03253

Halloween Coloring Contest

Name: _____ Phone: _____
Address: _____
City: _____ State: _____ Zip: _____
Age: _____



Halloween Party
at the Annalee Gift Shop
October 26th 10to5
Guests in costume get a FREE TREAT!

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339 DW Hwy, Meredith
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OCTOBER 25 through 27 only
The Legend of Sleepy Hollow

At the WINNIPESAUKEE PLAYHOUSE
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Tickets/Information: 603-279-0333
www.winnipesaukeeplayhouse.org

Mariann Jean Clark, 91

TILTON – Mariann Jean (Wiltse) Clark, 91, a resident of Tilton for over 50 years, passed away peacefully in her home on Sunday, Oct. 6.

Mariann was born May 2, 1928, in Schenectady, N.Y., daughter of Fred and Lillian (Taber) Wiltse. She grew up in Frankfort, N.Y. and attended Utica College of Syracuse University, where she met and fell in love with Peter Clark. They were married the day after graduation and soon moved to Ohio where Peter had accepted a position as a Social Worker for the Ohio Bureau of Services for the Blind. They settled in Strongsville and over the years made a loving home for their family of seven.

In 1968, they moved to New Hampshire when Peter accepted a job with the New Hampshire Division of Vocational Rehabilitation in Concord, later being promoted to Deputy Chief, a position that she was very proud of him for. They resided in Tilton and Mariann worked as a substitute teacher and stay-at-home mom. She was an active volunteer in the Tilton-Northfield-Sanbornton communities organizing Cub Scouts as well as Girl Scouts so that her children could continue the scouting experiences they had enjoyed in Ohio, taking on the roles of several Scout Troop Leaders and Assistant Troop Leaders. She was a Sunday School teacher and taught Kindergarten in Sanbornton, a member of the Sanbornton Historical Society, and the Tilton-Northfield Historical Society. Mariann was very involved in the development of the Community Youth Assistance Program volunteering many hours of support. She was also a Court Appointed Special Advocate (CASA) for the Belknap County Commission on Aging and Champions for Action.

Many will remember



“Mrs. Clark the History Teacher” at Winnisquam Regional High School, where she taught Social Studies for 12 years until her retirement in 1992. For the next three years, she continued to tutor students and work as a substitute teacher. She enjoyed traveling and had been around the world twice! Trips included stops in China, South America, Antarctica, Vancouver British Columbia, St. Thomas and the Virgin Islands, The Panama Canal, Madrid, Argentina, Columbia, Hawaii, the Giza Pyramids of Egypt, Mexico, South Africa, Australia, Alaska, and Sri Lanka. She also enjoyed several cruises aboard The Queen Elizabeth II and The Delta Queen, in addition to cruising the Arabian Sea and the Amazon River. Her students eagerly looked forward to her classes as she would come back and share with them her many adventures including white water rafting and gold mining.

Mariann loved cardinals, lady bugs and hot chocolate, covered bridges, fall foliage, and going for rides on the back roads of New England. Listening to Peter play his piano and sing in a small jazz band on the weekends brought her hours of enjoyment. She loved her home in Tilton and, in later years, cherished the peace and quiet of her ‘Castle on the Hill.’ Most of all, she loved her family.

In addition to her parents, Mariann was predeceased by her beloved husband, Peter S.B.

Clark (1979), her sons David Wiltse Clark (1967) and Richard Lee Wiltse Clark (2011), and her brother Richard John Wiltse (1983).

She leaves behind her children Jeanne Tilton Boschen of Tilton, Leslie Starbuck Clark Freeland of Blissfield, Mich., Christopher B. Clark of Westford, Mass., Allison M. Clark of Tilton, and Peter W. Clark of Huntington Station, N.Y. Mariann was also blessed with many grandchildren, great-grandchildren, great-great-grandchildren, and several nieces and nephews.

A scholarship has been established in her name to help advance the education of a Winnisquam Regional High School graduate. Donations to The American Cancer Society in her memory would also be appreciated.

Mariann and Peter will be buried together in Fly Creek Valley Cemetery, Cooperstown, N.Y.

A reception in her honor will be held on Saturday, Nov. 9, at La Piece - The Room, Riverfront Place, Tilton, from 4 – 7 p.m. Please join the family as we celebrate her life and share memories with those who knew and loved her.

Joan E. Connor, 79



SEABROOK — Joan E. (Summer) Connor, a.k.a. “Queen Mum,” 79, passed away peacefully on Wednesday, Sept. 25, 2019 at her home with loving family at her side.

Joan was born in Mundesley, England on April 22, 1940. In 1961, Joan married Richard Sumner, an airman with the USAF, and subsequently relocated to Franklin to raise a family. Joan began working as a lunch lady for Franklin High School, then later worked at JJ Newbury’s and became known as the “Fabric Lady.” Joan eventually started as a receptionist for The Merrimack County Nursing Home in 1983. She met the love of her life, Paul Connor, and they were married in 1989. Joan and Paul loved their frequent travels to Ireland and would reminisce with many stories of their trips. In 1998, she retired with over 18 years of service at the nursing home. Joan was widowed in 1999 and not a day went by that she didn’t miss or speak of their love. Over the years Joan lived in several towns and finally settled in Seabrook in 2017 to be near the ocean breeze. She spent her days by the ocean, viewing and sketching

the Nubble Lighthouse and other scenic spots around New England. Joan loved her puzzles and had an enormous collection. She really enjoyed a challenging game of scrabble and spent lots of time knitting and sewing. Most of all, Joan loved her black pug Rube and her cat Opie.

Joan is survived by her three children (Marina Sumner of Tilton, Kevin Sumner and his wife Sharon of Lawrence, Mass., and Heather Da Costa and her husband Fernando of Lawrence, Mass.); her four stepchildren (John Connor of Webster, Michael Connor of Lakewood, N.J., Sue Brooks of Rapine, N.J., and Wendy Connor of Plymouth, Mass.); her grandchildren (Rhannon Sumner of Lawrence, Mass., Spencer Pickering of Laconia and Samantha Abear of Belmont and her two great

grandchildren, Aaliyah and Lincoln, also of Belmont). She also leaves her brother, Tony Jay of Battle, England, along with many nieces and nephews in England and New Hampshire.

She was predeceased by her brother, Eric Jay, and granddaughter Natalie Sumner.

The family of Joan Connor would like to express gratitude and appreciation to the Seabrook Fire Department, and our amazing caring neighbors, Debbie and Ed of Seabrook. A very special thank you to Rhonda for all the unconditional love and support you provided.

A Celebration of Life was held at 11 a.m. on Saturday, Oct. 19, 2019 at the Red Blazer Restaurant, 72 Manchester St., Concord, NH 03301. In lieu of flowers, donations can be made to the Lakeside Animal Hospital 552 Laconia Rd., Tilton, NH 03276, or to the American Diabetes Association, www.diabetes.org/get-involved/planned-giving. Arrangements are by the Remick & Gendron Funeral Home-Crematory, Hampton. Please visit www.remickgendron.com to view Joan’s memorial website to sign her tribute wall and for additional information.

Frances Ida (Richardson) Crawford, 92



PEABODY, Mass. — Frances Ida Crawford, 92, a longtime resident of Tilton and Laconia, died on Oct. 15, 2019 at the Kaplan Family Hospice House in Danvers, Mass. following a period of failing health.

Fran, as she was known, was born in Portage la Prairie, Manitoba, Canada, May 27, 1927, daughter of Frank B. C. Richardson and Marietta (Taylor) Richardson.

Fran spent her youth in the small towns of Saskatchewan and Manitoba, graduating as the valedictorian from Scott Collegiate Institute, Regina, Saskatchewan, in 1944. She received her nursing credentials from Portage la Prairie General Hospital in 1948, and Skidmore College in New York City in 1953, where she practiced as a registered nurse for several years in the Pediatric Unit at Bellevue Medical Center. Traveling to New York from the mid-western Canadian Prairies with her girlfriends was surely adventuresome at the time!

In 1955, Fran moved to the Children’s Cancer Research Foundation and Institute in Boston, known then as The Jimmy Fund, working with Dr. Sidney Farber in acute pediatric leukemia. Fran, met and married her late husband in Boston, Lt. Col. Charles H. Crawford, USAF, RET., in 1956. They settled in Tilton in 1966, after being stationed at a US Air Force base in Stephenville, Newfoundland, Canada,

and at Wright Patterson, Dayton, Ohio, and living in both Manchester, Vt., and Falls Church, Va.

Fran, while raising four daughters, continued nursing, working in the Tilton-Northfield area as the relief Visiting Nurse and for the Red Cross Mobile Donor Clinics. She was vigilant about keeping her credentials and nursing care practices up-to-date, and was unique among her peers for her early understanding and knowledge in the area of HIV/AIDS.

From 1975-1984, Fran worked with a close-knit medical team at the Laconia Family Planning Services of Laconia CAP, providing medical care and monthly counseling to hundreds of low-income women in the areas of family planning and sexually transmitted infectious diseases. She was a passionate advocate for a woman’s right to understand and control her own health care decisions. This work was critical to her. Fran went on to become the staff nurse at Franklin High School from 1984-1988, working

daily with kids, bringing her knowledge of bodily health to the grass roots level. She continued to work in the area of family planning into the 1990s and her eventual retirement, but she never stopped her advocacy of women’s health.

During this time, Fran also was a member of the Winnisquam Regional School Board (1973-1979). For many years, her summers were spent running Mr. Charlie’s Drive In, famous for its red and white stripes, tall flagpoles, and buckets of red and white peonias. She was the creator of the famous home cooked roast beef sandwiches in the gold foil. An organizer for the Tilton Girl Scouts, she was also one of the weekend Mom’s in the Lodge at Highlands Ski Area.

As a naturalized American, Fran valued the democratic political process of “citizen-lawmaker” and she served briefly as Vice Chair of the Tilton Town Democratic Committee. In 1972, Fran ran as a Democratic candidate for the N.H. House of Representatives running on a platform to promote wellbeing for the elderly, the disabled, and the mentally and emotionally ill “whose life is a constant struggle.” She advocated for “a sensible program of economic development for [NH], without turning it into an environmental nightmare.” Fran was well ahead of her time.

Following her husband’s death in 2009, Fran stayed in the Laconia area for seven years. Fran was a parishioner of St. James Episcopal Church in Laconia. She loved making the dog and cat treat stockings and cookies for the annual sale. She was a talented knitter and loved her dog, Jazz, and Flash, the black cat. Thanksgiving or Christmas was not

complete without zippy salad.

Fran later moved to her daughter Kristi’s home in Peabody, Mass., to live closer to family.

She was predeceased by her husband of 52 years in 2009 at the age of 88. She was also predeceased by a sister, Margaret Proudfoot of Kingston, Ontario, Canada, April 2019, and her good friend, Norma Johnson of Laconia in 2006.

She leaves her daughters, Gretchen Johnston and her husband, Dennis Johnston of Calgary Alberta, Canada; Kristi Jeffers and her husband, John Jeffers of Peabody, Mass.; Johanna St. Gelais and her husband, Mark St. Gelais of Meredith; and Ingrid Hunt, of Lyndhurst, N.J.; eight grandchildren (Tina, Tracy, Cristin, Carie, Erin, Hunter, Helen, and Angus); six great grandchildren (Natalia, Parker, Shea, Kennedy, Arie, and Edie); and her brother, George Richardson of Kingston, Ontario, Canada.

Fran often said how lucky we would be to have one good friend in life. Many, many people from all parts of her life, work, and adventures would have considered her a great friend, mentor, and mom—too many people to name here. You brought her much joy, laughter, and debate!

From her valedictorian speech in 1944: “A life of selfless service is the greatest thing of all;

Christ himself said: Heal the sick, this labor is divine, and it will earn a rich reward when life’s shadow falls.”

Following Fran’s wishes, there are no calling hours planned. A committal service will be held on Monday, Oct. 28 at 10:30 a.m. next to her husband at the New Hampshire State Veterans Cemetery, 110 Dan-

SEE CRAWFORD, PAGE A7

How to Submit Obituaries & Announcements To Salmon Press Publications



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WOW Trail ROW study released to Laconia City Council

LACONIA — WOW Trail President Allan Beetle presented an overview of the ROW (Right-of-Way) Study of the Proposed Regional Rail Trail from Franklin to Weirs Beach to the Laconia City Council on Oct. 15. The study was conducted by Alta Planning & Design, a nationally recognized leader in the bicycle/pedestrian field, who is currently under contract with NH DOT for their statewide Bike/Ped planning.

The City of Laconia endorsed a proposal to commission research, paid for by the WOW Trail committee and others, to study the pros and cons of continuing to build alongside (Rail-with-Trail), or in place of, the RR tracks (Rail-to-Trail). In addition to the city, Belmont, Tilton, Franklin and Meredith all lent their support, along with the Weirs Action Committee and the Belknap Economic Development Council.

With more than eight miles of completed trail between Franklin and Weirs Beach, the study compared the alternative options (Rail-with-Trail or Rail-to-Trail) for completing the approximately 10+ miles of remaining gaps.

The results of the study indicate that a completed 20-mile Rail Trail, either built alongside or in place of the tracks, would bring substantial economic benefit to the regional and state economy. The Rail-to-Trail alternative, primarily due to the lower capital costs and seamless nature of the trail, showed a 32:1 benefit-cost ratio, four times higher than the estimated 8:1 ratio of the Rail-with-Trail alternative. Additional visitor spending of more than \$6 million/year, 40-60 permanent new jobs, \$500,000/year in additional Rooms & Meals Tax generated, mobility, health and safety benefits all accounted for a Net Annual Benefit over a 20-year period of between \$67-\$89 million.

Describing the ROW as “spectacular, underutilized real estate”



Winnepesaukee RR at Weirs Beach station. NH DOT reports passenger counts down more than 30 percent for the train over the last four years. ROW Study reports a completed Rail Trail would generate an additional 6,000-8,000 riders each year

that could be transformed to an economic engine and source of pride for the community, Beetle questioned the status quo, citing “reluctance to change” as the single biggest obstacle to getting this project completed.

“Shouldn’t the economic and quality of life benefits for our community be considered,” he asked.

While acknowledging that removal of a section of RR track might require changes to existing law and would face stiff opposition from the Tourist Train and rail proponents across the country, he argued that a completed Rail Trail to Weirs Beach could be a benefit to the Tourist Train. NH DOT reported over a 30% decline in ridership for the tourist train over the last 4 years. The study estimates that delivering thousands of trail users to the Weirs platform would generate an additional 6,000-8,000 passengers for the tourist train annually. Beetle cited the local Cog Railway, and other Tourist Trains in the United States, that operate successfully disconnected from a main line.

Beetle described that building in-place of the RR track would be far better for abutters. Rather than being located up against neighbors’ property line, the trail would remain further from their properties, with no fencing between

the trail and the rail necessary.

Citing a lack of easements and safety as the primary reasons for not moving ahead with the Rail-with-Trail alternative at this time, Beetle told the City Councilors that he and the WOW Trail committee were prepared to gather community support from Franklin to Weirs Beach and beyond if the Council chooses to move ahead with the Rail-to-Trail option.

Obstacles to pulling up the tracks to complete such a trail are daunting. Residents of gated communities at Southdown and Long Bay have stated they would attempt to stop the project in court, citing safety, crime and

privacy that would diminish the value of their properties. State law favoring rail use over recreational use would have to be changed, and the federal Surface Transportation Board would have to approve a state request to discontinue rail use.

Laconia Mayor Engler explained why proponents still want to try.

“It’s just the realization that this particular stretch of Rail Trail would be amazing,” he said. “It would be a huge attraction for residents and visitors. The thing that galls us is that this is a public right of way through the city, and it is horribly under-utilized.”

During the council meeting, Councilor Bob Hamel endorsed exploring further, with Councilors Mark Haynes and David Bownes expressing their support.

Big Brothers Big Sisters featured at next Connect event

GILFORD—Patrick’s Pub and Eatery welcomes back Big Brothers Big Sisters of New Hampshire at their networking event, “Connect”, on Thursday, Oct. 24 from 6-8 p.m.

Big Brothers Big Sisters of New Hampshire is taking the opportunity at their second Connect to kick off their annual Thankful Giving season by thanking their incredible mentors who are making a difference in their communities, and invite anyone interested in getting involved with the organization to come and learn more.

Serving more than 700 children a year and with more than 270 kids on their waiting list statewide, Big Brothers Big Sisters of New Hampshire is an evidence-based preventive program that is proven to help keep kids in school, improve their self-esteem, and encourage them to avoid risk behaviors such as substance misuse. BBBSNH’s mission is to provide children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever. Volunteer mentors meet with children in community-based and site-based settings, empowering and inspiring them to reach their full potential. In 2018, BBBSNH opened an office in Laconia to expand their program into the Lakes Region.

The Community Based Mentoring program carefully matches screened adult volunteer mentors in professionally supported mentoring re-

lationships with youth. Bigs and Littles spend quality time together participating in a variety of activities of their choosing.

The Site Based Mentoring program utilizes schools, after school programs, and workplace mentoring such as CCA Global Partners and Comcast as the venue in which the mentor (Big) and mentee (Little) meet. Time is spent doing homework, enjoying lunch together, reading, playing a board game or outdoors on the playground.

BBBSNH has been serving New Hampshire for more than 50 years, and merged to become a statewide organization in 2015. This Thursday, get to hear first-hand about this amazing organization from current Big Brothers and Big Sisters, as well as staff members and board directors.

Patrick’s Connect features local businesses and organizations. The evening includes complimentary craft beer sampling from Woodstock Brewery and raffle drawings at 7 and 8 p.m. An additional Grand Prize of an overnight stay, brewery tour and breakfast at the Woodstock Inn is given away at 8 p.m.

For more information on Patrick’s Connect, or to register your own business to be featured at an event, call 293-0841 or visit www.patrickspub.com/connect.

To learn more about Big Brothers Big Sisters of New Hampshire, please visit www.bbbsnh.org.

SANBORNTON POLICE LOG

SANBORNTON — The Sanbornton Police Department responded to 37 calls for service and made the following arrest during the week ending Oct. 12.

Velvet Weeks, age 48, of Laconia was arrested on Oct. 12 for a Suspended Registration, Driving After Revoca-

tion, failure to meet inspection requirements, and Resisting Arrest.

The breakdown of the remaining calls was as follows: one alarm activation, one charity delivery, one report of criminal mischief, one arrest for driving after revocation, one drug related incident, five fire/medical calls,

one report of fraud, four house checks, one report of lost property, one request for motorist assistance, one motor vehicle accident (non-reportable), one charge of failure to meet inspection requirements, one motor vehicle warning, one report of improper operation of an OHRV,

three requests for police information, one charge of Resisting Arrest, one sex offender registration, one charge of driving under a Suspended Registration, two reports of suspicious vehicles and/or activity, and three reports of theft.

CRAWFORD

CONTINUED FROM PAGE A6

iel Webster Highway in Boscawen. Assisting with arrangements is the William F. Smart Sr. Memorial Home in Tilton.

Those wishing, and are able, may make a memorial contribution in Fran’s name to the Da-

na-Farber Cancer Institute in memory of Frances Crawford to support cancer research and patient care at Dana-Farber Cancer Institute, PO Box 849168, Boston, MA 02284 or via www.jimmyfund.org/gift.

For more information, go to www.smartfuneralhome.com.

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PET OF THE WEEK **TOBY**

Toby has been waiting since July 30th for a new home...that’s a pretty long while. He is a handsome, 4-year-old, 75 pound Bull/Terrier mix who is looking for an active home without other dogs and with children over 10 years of age. He is anxious around men and paper towels likely because he suffered abuse before he was rescued. He has no experience with cats. He loves to run and play fetch. He is current on vaccinations, neutered and microchipped and beyond excited to move into a home of his own soon.

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LRPA's Shocktoberfest continues wraps up with "Carnival of Souls"

LACONIA— Be very afraid! It's October on LRPC After Dark, and that means we're celebrating the Scary Season with our 4th Annual "Shocktoberfest," a month devoted to vintage horror films. This weekend (Oct. 25 & 26 at 10:30 p.m.), we close out our festival with the eerily atmospheric cult favorite, 1962's "Carnival of Souls," directed by Herk Harvey and starring Candace Hilligoss.

Mary Henry (Hilligoss) and two friends are out in a car, enjoying the day. At a stop light, some guys in another car challenge them to a street race, and they accept. As the girls' car speeds across a bridge, the driver loses control and the car plunges into a river. A search party drags the river for the car, and just when things look dire, Mary emerges from the water, cold and dazed. She can't seem to remember any details about the wreck and has no real answers for the searchers. To move on with her life, Mary accepts a job in a different state as a church organist. On the drive to her new position, she passes a mysterious deserted carnival pavilion to which she finds her-

self inexplicably drawn. As she is looking at the pavilion, Mary is startled by an ominous man looming in her path, nearly causing her to drive off the road. She blames this vision on a lingering aftereffect of the accident, composes herself, and drives to her destination. Mary arrives at her destination and takes a room at a boarding house, meets her new employer, and generally tries to get on with her life. However, she can't stop seeing the apparition of the menacing man – nor can she get the vision of the abandoned carnival pavilion out of her head. What do these frightening visions mean? Will she ever be able to move on with her life?

Although it was an initial failure at the box office, "Carnival of Souls," made on a shoestring budget of less than \$20,000 and with a total crew of six, has since become a highly regarded and well-loved horror cult classic. Upon the film's re-release in 1989, critic Roger Ebert awarded the film three out of four stars and wrote that the movie was "... an odd, obscure horror film that was made on a low budget in

1962 and still has an intriguing power. Unlike most of today's horror movies, "Carnival of Souls" has few special effects. Instead, it depends on crisp black-and-white photography, atmosphere and surprisingly effective acting." Lead actress Candace Hilligoss studied with famed teacher Lee Strasberg at the Actor's Studio in New York City, and brings remarkable depth to the character of Mary. This movie's not to be missed! Grab your candy corn and join LRPC after dark for this fan favorite classic from

the past.

LRPA's Final Shocktoberfest Halloween treat:
Oct. 25 & 26: 1962's "Carnival of Souls"

You can't find television like this it anywhere but LRPC TV, Atlantic Broadband Channel 25. Not a subscriber? Then log onto Live Stream through our Web site (www.lrpc.org) or at live.lrpc.org where you can catch all the fun.

About Lakes Region Public Access Television (LRPA)
Lakes Region Public

Access Television (LRPA) is a nonprofit, noncommercial public access TV station and community media center located on the Laconia High School campus in Laconia, NH. LRPC cablecasts locally on Atlantic Broadband Channel 24 (educational programming and public bulletin board), Channel 25 (information and entertainment) and Channel 26 (government meetings) to nearly 12,000 viewers in our member communities of Belmont, Gilford, Laconia, Meredith and Northwood. Programming is produced by and for the peo-

ple of the greater Lakes Region. LRPC's mission is to empower our community members to produce content that

fosters free speech and the open exchange of ideas,

encourages artistic and creative expression, promotes a well-informed public through governmental transparency, and

unites our communities through the power of media and technology.

LRPC's slogan: Community empowered by media. Visit us on the Web at www.lrpc.org.

Streetcar stages a comedy classic

BY ERIN PLUMMER
mnews@salmonpress.news

LACONIA — Audiences will get a taste of Victorian society with a lot of humor and romance in Streetcar Company's coming production of "The Importance of Being Earnest."

The production of Oscar Wilde's play will take the stage Nov. 1-3 at the Laconia High School Auditorium.

In "The Importance of Being Earnest," two bachelors pretend to be men named Ernest to escape social obligations.

"The Importance of Being Earnest" was written in 1890 and director Peter Ayer described it as "One of the funniest plays ever written."

The play made fun of a lot of notable Victorian socialites, and Ayer said those who were parodies loved the play and loved seeing the versions of themselves.

This is the first time Streetcar has presented this show. Ayer said the company typically aims to do a musical in the spring and a nonmusical play, or a "straight play," in the fall. Ayer said that in recent years, however, the company has been doing mostly musicals all year long. Last year they tried something different by presenting "Macbeth," their first ever Shakespeare production.

"The Importance of Being Earnest" has been done by a number



PHOTO BY ERIN PLUMMER

Nerrishia Bodwell (Miss Prism) and Zoe Lehneman (Cecily) rehearse for the coming Streetcar production of "The Importance of Being Earnest."

of different local companies including Laconia High School's theater program, the Winnepesaukee Playhouse in Meredith, and others.

Ayer said the Victorian-era language in the play and the abundance of lines does make it a bit more challenging.

"There's a lot of words in this play; learning lines has been a challenge," Ayer said.

He said thought that he finds the lines for a well-written play tend to be a lot easier to learn.

Unlike with "Macbeth," no sections were cut from the script. The script they are using was already a streamlined version of the play, and Ayer said the decision was made to add certain lines from the full original text back in.

Ayer said "The Importance of Being Earnest" is an ensemble play, with only a few characters playing small roles in the story.

Brendan Berube of Laconia plays Jack Worthing, who has a family secret that sets his and his friend Algy's plan in motion.

"He's a very uptight guy," Berube said. "The deeper he gets into this, the more upset he becomes and the more nightmarish the situation becomes."

He said the language is still a challenge, but after playing the lead in "Macbeth" last year, the language of this play was "a breeze."

Dave Nelson of Gilford plays Algernon Moncrief, who has the polar opposite personality from his friend Jack. While Jack is stuffy, Nelson said Algy is boisterous.

"(He) likes to get into scrapes and causes Jack nothing but trouble," Nelson said.

He said the language of the play is a bit more difficult compared to a musical.

Nelson co-produces the show with Oriana

Filiault. He said he grew up working with Streetcar and this is the first time he has taken on a role this big.

Zoe Lehneman of Gilford plays Cecily Cardew, Worthing's young ward.

"Cecily is very much a hopeless romantic type of character, but she's also very proper," Lehneman said.

She said it was a challenge learning the lines from this wordy script as well as keeping the exact wording.

Oriana Filiault of Laconia plays Jack's romantic interest, Gwendolyn Fairfax.

"She's a flirtatious, uptight 20-something," Filiault said. "Her ideal husband has always been someone by the name of Ernest, and she falls in love with someone she thinks is Ernest."

Overall, Filiault said she is loving the experience of working on this show. She said she's not a singer so it's nice to be able to perform front and center on a "straight play" and not take part in the ensemble for a musical.

Filiault is also a co-producer and manages the costumes. Most of the costumes come from the company's collection, and they have also received special permission to borrow some pieces from the Winnepesaukee Playhouse.

"We're trying to be really simple about it," Filiault said.

"The Importance of Being Earnest" will be performed at the Laconia High School auditorium Nov. 1 and 2 at 7 p.m. and Nov. 3 at 2 p.m.



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LRSO concert to feature concerto competition winner

MEREDITH — The Lakes Region Symphony Orchestra (LRSO) invites you to its season-opening concert on Saturday, Nov. 2 at 7:30 p.m. at Inter-Lakes Auditorium in Meredith.

After a well-deserved summer off, LRSO is back in the saddle fervently preparing for the season opening concert. We are honored to feature the winner of our 2019 Student Concerto and Scholarship Competition, pianist Brigham Parker.

Brigham will be performing Tchaikovsky's "Piano Concerto No. 1 in Bb minor, Op. 23," a stunning and instantly recognizable piece many of us will know as one of Libera's signature works.

The program begins with Gioachino Rossini's illustrious "Overture to the Barber of Seville," which for many of us was the musical star in a Bugs Bunny / Elmer Fudd cartoon collaboration. The Nov. 2 concert concludes with Tchaikovsky's "Symphony No. 2 – Little Russian," one of his most joyful and energetic symphonies.

The LRSO concerto competition, now entering its 11th year, has been an exciting and successful journey since its inception. Over the



years more than 130 incredibly talented middle- and high-school students have auditioned, each competing for scholarships and the opportunity to perform with the LRSO.

This year's winner is remarkable young pianist Brigham Parker. Brigham placed third in last year's competition, so we are particularly thrilled to see his persistence and practice pay off, ushering in Brigham with a well-deserved first place finish.

Brigham has been studying piano for nine years and grows his passion for music every day. He was awarded Distinction on the Royal School of Music's highest piano exam and took honors at the New Hampshire Music Teachers Association Solo Competition. Brigham recently completed his second year with the Young Organist Collaborative where he studied with Barb Flocco (organist and instructor at Phillips Exeter Academy), and Eric

Bermani (Director of Music at Saint Anselm College).

Brigham is homeschooled in Merrimack and enjoys soccer, his church youth group, and playing music in his family's ensemble The Parker Players.

The Nov. 2 concert is just the first in the LRSO's 2019-2020 exciting season. Reserve the other dates now: Holiday POPS on Dec. 14 and 15 featuring again your all-time favorite crooner Michael Galagan performing an all-new program of holiday favorites including hits by Seth McFarlane ("Man with a Bag"), Donny Hathaway ("This Christmas"), Harry Connick, Jr. ("Must've Been Ol' Santa Claus"), and Michael Buble ("Santa Claus is Coming to Town, Jingle Bells"). His continued collaborations with the LRSO are the marshmallows in your cocoa – a perfect holiday treat. Buy tickets early – these performances sell out.

On March 28, 2020, we feature one of New Hampshire's outstanding guitarists, Mr. David Newsam, performing the famously enchanting "Concerto No. 1 in D minor for Guitar and Orchestra" by Mario Castelnuovo-Tedesco.

David is a renowned New England guitarist and instructor at Berkeley College of Music, Dartmouth College, and St. Anselm's College. David has performed with legends Jim Hall, Bucky Pizzarelli, Dave McKenna, James Williams, Louis Bellson, Alan Dawson, Clark Terry, Joe Williams, Milt Jackson, Mitzi Gaynor, Dianne Carroll, Carol Channing, and The Fifth Dimension. The March program also features Debussy's "Prelude to the Afternoon of a Faun," Berlioz's "Rakoczy March," and Beethoven's form-defying "Symphony No. 6 'Pastoral Symphony.'" "Broadway – Then and Now" is the theme for our fabulous season-ending POPS concerts on May 16 and 17, 2020. Returning this year is our feature performer from last May, outstanding entertainer, singer, dancer, and actress Ashley Whalley. If you missed her stunning "Streisand" performance with us this past spring you may know Ashley from her starring role this summer as Velma in the Winnepesaukee Playhouse production of "Chicago." She has held dynamic starring roles in multiple Inter-Lakes Summer Theatre productions including Cassie in "Chorus Line," Morticia in "The Addams Family," and as Evita in "Evita." Whalley is an impeccably professional performer and outstanding talent. We invite you join Ashley on her journey of timeless classics like "Maybe This Time" ("Cabaret") and "If My Friends Could See Me Now" ("Sweet Charity") through modern Broadway classics "She Used to Be Mine" ("Waitress") and "Defying Gravity" ("Wicked").

POPS concerts sell

out so please buy your tickets early. Full concert details are at www.LRSO.org.

Tickets are \$20 for adults and \$10 for students college-age and under with ID, are available online at www.LRSO.org/tickets, by phone at 800-838-3006, and at our ticket partners Innisfree Bookshop in Meredith and Greenlaw's Music in Laconia.

Save 25 percent with our Discount Season Tickets, available now through the November 2nd concert. You may purchase season tickets online at www.LRSO.org/tickets or by phone at 800-838-3006. Any unsold tickets will be available at the door starting one hour before each performance. More information is available at www.LRSO.org where we encourage you to sign up for our mailing list. And find us on Facebook at /LRSO1.

LRSO performs with a home-town flair that is comfortable, familiar, and uplifting. We invite you to give us a try. Live orchestral music is an amazing experience!

About The Lakes Region Symphony Orchestra

The Lakes Region Symphony Orchestra is a Meredith-based, non-profit orchestra that performs throughout the fall, winter, and spring months. Orchestra members range in age from teens through retired seniors, representing over 30 communities in the Lakes Region and beyond. For over 40 years the Orchestra has been focused on showcasing young talent and providing a venue for local musicians to perform orchestral music ranging from classics to contemporary, all in the valued community setting of the Lakes Region of New Hampshire.

Photographer Jay Fitzpatrick named LRAA's Artist of the Month

TILTON — What sets one photographer apart from the rest? It's how innovative and creative they are, as is the case with photographer, Jay Fitzpatrick, selected by fellow members of the Lakes Region Art Association to be its November, 'Featured Artist of the Month.'

Fitzpatrick's exhibit will feature some of his newest works, including wonderful and interesting images from Vietnam, Ireland, and America, most notably the Palouse area of Washington State. Another of his unique talents is how he's been able to create fascinating abstract images

using infrared and digital photography.

Fitzpatrick is also an active member of the Sunapee Area Center for the Arts, the New Hampshire Association of Photographic Artists, and a camera club in Concord and in the Lakes Region. He also teaches and conducts workshops on digital photography, or private lessons for begin-



COURTESY

"Three Trees" is the title of this photo by Jay Fitzpatrick, a member of the Lakes Region Art Association, and November's 'Featured Artist of the Month' who'll have on display many of his photos taken throughout America, Vietnam and Ireland. Jay's talents also include his innovative use of infrared photography. His opening reception is Nov. 9, Lakes Region Association Art Gallery, Tanger Outlet Mall, Suite 132, 120, Laconia Rd., Tilton, NH, 5-8 p.m.

ners and accomplished photographers. Con-

tact: Jall@tds.net. His November 'Artist of the Month' opening reception is Saturday, Nov. 9, Lakes Region Art Association Gallery, Tanger Mall Outlet, Suite 132, 120 Laconia Rd., Tilton, 5:30-8:30 p.m. It's free, open to the public and includes light refreshments.

POPS concerts sell



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Canterbury Shaker Village to host Harvest Music Festival

CANTERBURY — Canterbury Shaker Village is building a reputation as a great venue for music, and their second annual Harvest Music Festival promises to be bigger and better than last year. It takes place on Saturday, Oct. 26 from 3–8 p.m., and includes beverages from Canterbury Aleworks and food from the Creamery Café—soups, sandwiches and baked goods—in a historic building in the heart of Shaker Village.

Six groups of talented traditional musicians will perform on two different stages at staggered times. If you like bluegrass, Celtic, folk and lively traditional fiddle playing, this is an event you won't want to miss. The music and setting combine to create a memorable experience. Canterbury Shaker Village's 25 historic buildings, fields and gardens make it one of the most picturesque and extensive historic sites in the state. Support for the festival has been provided by the NH State Council on the Arts.

The Harvest Music Festival features these performers:

High Range Band is an energetic roots/folk/bluegrass group with a long list of rave reviews by critics from Portland to Nashville. They have performed together for 20 years, playing original music along with a mix of cover songs. "The vocals are tight and true; the instrumental work impressive, the songs a pleasure to hear repeatedly," raves reviewer Dave McCarty. "High Range has forged a tight, compelling ensemble sound that is highly musical and thoroughly entertaining."

Rose Hip Jam is based in the Upper Valley of New Hampshire and Vermont where they've developed a strong fan base at restaurants, festivals, country fairs and special events. Their repertoire is mostly covers in eclectic styles – folk rock, country, Delta blues and Americana from several decades. Kerry Rosenthal, formerly of Concord, NH, is on vocals and guitar. Guitarist and vocalist Steve Glazer complements Eric Bronstein who is a sought-after bassist in both jazz and folk rock ensembles.

The Wholly Roll-

ers, a Concord-based group of singers and instrumentalists, have been playing for audiences in New Hampshire and Massachusetts since 2016. They began as an Old Time Bluegrass Gospel group and now have five members: Brian Roff on vocals & guitar, Jeff Fetter on vocals, fiddle & mandolin, Gary Schroeder on vocals & bait bucket bass; Craig Whitson on vocals & guitar; and Dick Bennett on vocals and any instrument left unprotected.

Jim Prendergast & Hanz Araki

After thirty years working in the recording studios and orchestra pits of Nashville, guitarist Jim Prendergast now lives in New Hampshire, where he is a prime mover behind New England's thriving Celtic/folk music scene. Band leader for seven years at Findley's Irish Pub in the Gaylord Opryland Hotel, and producer of CMH Record's Celtic Tribute Series, Jim now specializes in producing traditional music at his Mill Pond Studio in Portsmouth.

Considered one of the most talented Irish

musicians in America today, Hanz Araki is a flautist, whistle player, singer, and Juno Award-winner who is beloved by critics and audiences alike. Three decades of musical exploration into Irish, Scottish, Japanese, and American traditions forged his distinct style which the Boston Irish Reporter described as, "sweet-toned, sensitive yet deceptively powerful."

Liz Faiella & Lindsay Straw

Liz Faiella's singing and fiddle playing, steeped in Scottish and Irish tradition, draws energy and spirit from the convivial grange hall contra dances of her youth in rural New Hampshire. She has performed at folk venues throughout New England, including Club Passim, the Acadia Trad Festival, Maine Celtic Celebration, and the Boston Celtic Music Festival. She and her brother Dan Faiella can both be heard on her album, "At Long Last." She teaches at the Concord Community Music School where she is chair of the Folk, Jazz, and Popular Music Department and directs

their annual Fall Fiddle Festival.

Lindsay Straw, a guitarist, singer and Irish bouzouki player, has been inspired by traditional music since her childhood in Montana. She says she truly grew into her art when she became immersed in Boston's Irish and folk music scenes. With the help of a Club Passim Iguana Grant, she has released two albums of traditional Celtic ballads. Straw also plays with her Irish band The Ivy Leaf and in an Americana/roots duo with her partner Jordan Santiago.

The Jordan Tirrell-Wysocki Trio puts a fresh spin on traditional Celtic music, delivering a dynamic show full of lively fiddle tunes and classic Irish sing-alongs.

Award-winning fiddler Jordan Tirrell-Wysocki is joined by Matt Jensen on guitar and Chris Noyes on upright bass. In a unique blend of Irish and Scottish music and their own original material, these three New Hampshire natives have a sound described as "larger-than-life" and "brisk, lean and exceedingly lovely." Jordan was awarded the title of "Master Artist" by the NH State Council on the Arts in 2013, and named "Best Fiddler 2016" by NH Magazine. He recently composed the new theme music for New Hampshire Chronicle, and the Trio formed the core band that recorded it.

Throughout the event, the musical traditions of the Can- SEE **MUSIC FEST**, PAGE A12

UPDATE

CONTINUED FROM PAGE A1

husband Robert bought a home in Sanbornton and decided to take her love of working with plants to a new level.

Horman found an engineer in Colorado who had developed a high-tech greenhouse that she felt would fit her needs, so the couple purchased one of their very first greenhouses. It's a GHAT system that provides them with energy-efficient ways to grow plants throughout a New Hampshire winter.

Living on Upper Bay Road in Sanbornton with a great open exposure, the greenhouse, known now as the home of Granite State Greens, has several features that help keep energy costs down. The north wall is solid with a white finish that reflects sunlight back into the 30 by 50 foot room; the remaining walls are clear to allow sunlight to enter.

Two solar arrays outside provide electricity needed for power and LED lights monitor the facility, coming on whenever the light level in any one area of the greenhouse gets too low. A high-tech fan system

above the plant beds also helps bring rising heat to a system of pipes installed six-feet below the floor, which cools the air then sends it back up into the greenhouse.

"This greenhouse is all pretty state of the art. That system helps maintain the temperature at about 60-degrees (typical for that ground depth), and is perfect for growing lettuce, which is a cool temperature plant," Horman said.

Adamant that she will never use pesticides on her plants, her contained growing area has allowed her to find more natural means to deal with common pests such as aphids and whiteflies.

"I found I had a whitefly infestation not too long ago so I purchased 1,500 lady bugs to deal with that," she said.

The ladybugs can be spotted flying from plant to plant where they seek out unwanted insects and feed on them. Pointing to a few ladybugs on her lettuce leaves last week, she praised them for doing the job for which they were intended.

The greenhouse itself is filled with several large tables, each holding long tubes where

her plants are grown; they begin first in peat trays though where the seeds are germinated. From there, the sprouted plants are moved on to a "nursery" where, like the remainder of the plants, are constantly fed through the tubes by small hoses with a water and nutrient system that helps them thrive.

Once the baby plants have outgrown the nursery, there's a mid-stage area for continued growth and finally they finish off their seven- or eight-week growth process in yet one more "adult plant" section. From there, the plants are harvested, packed carefully into crates and sold to her customers.

"Right now, I provide all the lettuce for Grapone Conference Center in Concord. They are true champions of local growers," she said.

Horman has several varieties of lettuce in her greenhouse. Among them are Romaine, Salavona, Butterhead, and Red Oak lettuce. Each

has their own distinct flavor and uses that restaurants enjoy serving to their customers.

"What makes this great is that I'm selling my plants alive with their roots intact. They have a much higher nutritional value than cut lettuce that comes from California. Once you cut lettuce [from the stalk], it loses all of that," said Horman.

She added that some local customers have even bought one or two of her mature plants then kept them in a bowl of water for a few days where they could pick off a leaf or two as a snack.

In the past Horman said she experimented with growing hydroponic strawberries and tomatoes but didn't meet with the same success she has seen with lettuce.

"I guess lettuce is just my niche," she laughed.

Indeed, it seems to suit her just fine. Each week she harvests as many as 750 lettuce plants for her customers.

SEE **HYDROPONICS**, PAGE A12

HALLOWEEN

CONTINUED FROM PAGE A1

Trick or Treat activities in the community, a special Trunk or

MARKETS

CONTINUED FROM PAGE A1

no cost investment vehicles such as exchange traded funds or individual stocks and bonds, you can assume they are probably working for your best interest.

Risk management is only part of the story. The purpose of your money is more important than risk assessment in my opinion. It's very easy to answer questions to create a risk profile which is typically matched up to a corresponding prefabricated portfolio. But if you answer questions that match you up a growth portfolio and income is needed soon; your portfolio will not be designed

what its purpose really is!

It is common for my client that is near or in retirement to reminisce about the returns of their investment portfolio 25 years ago, as a retail broker I was not really concerned about losses at that time either. I didn't really understand the concept of compounded annual growth versus average returns.

Staying away from big losses in your investment portfolio not only maintains your monetary capital but preserves emotional capital!

Mark Patterson is an advisor and portfolio manager with MHP asset management and can be reached at 447-1979 or Mark@MHP-asset.com.

UPDATE

CONTINUED FROM PAGE A1

so far and were told a rough estimate for the project would be in the range of \$4.8 million, but that that was not a final number. Hearing that, the committee then took a hard look at their plans and found several cost-saving cuts they could make that would ultimately not affect the goal to have a police station that would serve the town for many years.

"This is critical infrastructure we're building," he reminded the board. "What the committee doesn't want is to scale this down to something we'll soon outgrow."

As part of their work process, the members have also reached out to the community through public hearings where they listened to thoughts and opinions on the proposed police station and answered their questions as well.

With budget season now underway, LaChapelle said the committee does not have final numbers available just yet however but are working hard to get them. They will be meeting with the Budget Committee this month though to inform them where they are at in the design planning process and provide them with the rough numbers they have been given so far.

"We don't want to just spring all of this on the Budget Committee at the

11th hour," he told selectmen.

The \$4.8 million, however, is also not something people should "tattoo on their hands" right now, as it is not a final number, he cautioned.

Selectman Pat Consentino said she recently spent time with the committee going over ways to cut costs for the project. Things like extra parking lots and other not-so-necessary items were removed. LaChapelle added that they also changed the design of the roof structure, went from a metal roof to shingles, and came up with other cost-saving measures that would not take away from the safety not longevity of the building.

"We got rid of the lipstick on the pig, so to speak, with some structural components," he said.

The committee is now waiting to hear what kind of savings those changes will bring and by Dec. 12 hope to have hard numbers to present to the town.

Copies of the plans, as they stand at this time, are available on the town's Web site along with a brief questionnaire, through which residents can submit with their comments on the proposal.

The next public forum on the new police station project will take place on Thursday, Oct. 24, at 7 p.m. in the Tilton Town Hall and residents are encouraged to attend.

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Edward Jones: Financial Focus

Don't Change 401(k) Mix During Market Drops

As you're well aware, we've seen some sudden and sizable drops in the financial markets in 2019. While market volatility is nothing new, the recent plunges happened during a period of general political and economic unease. Still, it can be harmful to overreact to such events – especially if it means making radical changes to your 401(k). And yet, many people do just that. During market downturns, investors often move money from their 401(k)'s stock accounts into perceived safer accounts, such as those primarily containing bonds or other fixed-income securities. This move may result in reduced volatility on your 401(k) statements, and if that's all you want, you might be satisfied. But you do need to realize the cost involved – specifically, fixed-income investments will not provide the same

rate of return that equities (stocks) can. So, if you liquidate some of your equity holdings, you may slow the growth potential of your 401(k), which, in turn, could slow your progress toward your long-term financial goals. Furthermore, if you get rid of substantial amounts of your equities when their price is down, you won't be able to benefit from owning them when their value goes up again – in other words, you'll be on the sidelines during the next market rally. Here's the key issue: A 401(k) or similar employer-sponsored retirement plan is a long-term investment account, whereas moves made in reaction to market drops are designed to produce short-term results. In other words, these types of actions are essentially incompatible with the ultimate objective of your 401(k).

Of course, when the market is volatile, you may want to do something with your 401(k), but, in most cases, you're far better off by sticking with the investment mix that's appropriate for your goals, risk tolerance and time horizon. However, this doesn't mean you should never adjust your 401(k)'s portfolio. In fact, you may well want to make some changes under these circumstances:

- You're nearing retirement – If you are nearing retirement, you may need to prepare your 401(k) for future downturns – after all, you don't want to have to start taking withdrawals when your portfolio is down. So, if you are within, say, five years of retirement, you may need to shift some, but certainly not all, of your assets from growth-oriented vehicles to income-producing ones.
- Your goals have changed – Even

when you're many years away from retirement, you probably have an idea of what that lifestyle will look like. Perhaps you plan to travel for several months of the year or purchase a vacation home in a different climate. These are expensive goals and may require you to invest somewhat aggressively in your 401(k). But you could change your mind. If you were to scale back your plans – perhaps more volunteering, less traveling – you might be able to afford to "step off the gas" a little and invest somewhat more conservatively in your 401(k), though you will always need a reasonable percentage of growth-oriented investments. By responding to factors such as these, rather than short-term market declines, you can get the most from your 401(k), allowing it to become a valuable part of your retirement income.

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Think Pink

Join these local businesses in supporting breast cancer awareness this October!

Exploring the different types of breast cancer.

Breast cancer is a universal term to describe several different cancers that form in and around the breasts. Breast cancer types are generally categorized based on where the illness begins, most often in the ducts or lobules, the parts of the female anatomy responsible for producing breast milk.

About 226,870 new cases of invasive breast cancer in American women will be diagnosed in 2012, while more than 22,000 Canadian women will be diagnosed with breast cancer over that same time period.

The National Breast Cancer Foundation lists seven different types of breast cancer. Here's a look at them.

- **Ductal carcinoma in-situ (DCIS):** This is an early form of breast cancer that refers to the presence of abnormal cells inside a milk duct in the breast. This type of cancer is generally found during mammograms and is considered non-invasive. This means it hasn't spread yet. This makes treatment for DCIS easier than for other forms of breast cancer.
- **Infiltrating ductal carcinoma (IDC):** Also known as invasive ductal carcinoma, this

is the most common type of breast cancer. According to BreastCancer.org, roughly 80 percent of all breast cancer cases are IDC. This cancer starts in the ducts, but "infiltrating" means that it spreads to the surrounding breast tissue. Over time, IDC can spread to the lymph nodes and possibly to other areas of the body.

- **Medullary carcinoma:** This is a less common form of breast cancer. It is a type of IDC, but it gets its name from the color of the tumors, which are close to the color of brain tissue, or medulla. Medullary carcinoma is quite visible during mammograms because the cancer cells are large and form a barrier between healthy tissue and tumors.

- **Infiltrating lobular carcinoma (ILC):** The American Cancer Society says that 1 in 10 women will be diagnosed with ILC, which originates in the milk-producing glands of the breast. In ILC, abnormal cells inside the lobule begin to divide and break through the wall of the lobule to invade the surrounding connecting tissues.
- **Tubular carcinoma:**



Mother.
Wife.
Daughter.
Sister.
Friend.

This is a common cancer for women ages 50 and older. When viewed under the microscope, tubular carcinoma cells have a distinctive tubular structure. There is a 95 percent survival rate for tubular carcinoma.

(Colloid): This is a rare condition in which the breast cancer cells within the breast produce mucus. The mucus and the cancer cells join together to form a jelly-like tumor. The tumors may feel like bumpy water balloons, but some are too

small to detect with the fingers.

- **Inflammatory breast cancer (IBC):** This is a rare and very aggressive type of breast cancer that causes the lymph vessels in the skin around the breast to become blocked. The cancer gets its name from the appearance

of a swollen, red and inflamed breast.

Women are advised to get a baseline mammogram in their mid-30s and then annual mammograms starting at age 40. Early detection is generally vital for any form of cancer and is especially so for breast cancer.

As a survivor, I know the costs to families. Let's fight breast cancer.



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Great strides have been made in early detection and treatment of breast cancer, and today's survivors are living proof. During Breast Cancer Awareness Month and all year, we are committed to fighting the disease with education outreach, our commitment to beating breast cancer never stops. Salmon Press has been pleased to include these pages in the fight to find the cure.

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Runaway Pumpkin raises funds for Children's Auction

GILFORD — “It was a beautiful, sunny day for a road race,” said Runaway Pumpkin Event Director Jennifer Beetle. “Maybe a bit brisk and windy, but that didn’t seem to slow anyone down. In fact, a new course record was set on the 5K that will be hard to beat.”

Neal Darmody of Bow shaved almost one minute off the 5K course with a time of 15:38, a blistering pace of 5:02/mile. Top female for the 5K was Corey Dowe of North Conway and coming in first for the 10K race was Andrew Wise of Denver, Colo. and Brittney Grant of Port Townsend, Wash.

“This was Eastern’s first year as a presenting partner of the race and also participating, and the experience did not disappoint,” said Whitney Cloutier, Eastern Propane & Oil Brand Manager. “The course was absolutely beautiful and a perfect way to spend a Saturday morning while supporting the WOW Trail and staying active. Eastern is committed to supporting the communities we serve and we are excited to partner on the event next year.”

“We’re so thankful for the generosity of our sponsors and for the volunteers that make it all happen” said Beetle. “The people at Eastern Propane & Oil, the Presenting Sponsor, and Meredith Village Savings Bank, the Photo Sponsor, and Jamie Poiré, our Race Director, are wonderful to work with and we’re so grateful for their support.”

Full race results and photos are available at runawaypumpkin.com.

About Eastern Propane & Oil

Eastern Propane & Oil is a full service energy provider committed to delivering our customers superior service, comfort and safety. Family owned since 1932, we live in the same communities as our customers and we believe in serving our neighbors the way we would want to be served.

Delivery is available in New Hampshire, Maine, Massachusetts, Rhode Island, and Vermont and we offer the sale, installation and service of propane or oil appliances including central home heating systems, water heaters,

activities and friendship at Canterbury Shaker Village in October, a premier New Hampshire historic site.

Canterbury Shaker Village is open daily from 10 a.m.– 4 p.m. through Oct. 27 (closed Monday, Oct. 21), then weekends in November. Christmas events begin in early December. Call the Village for group rates and to learn about year-round opportunities for private rentals and meetings.

Canterbury Shaker Village is located at 288 Shaker Rd. in Canterbury, New Hampshire, just off Route 106 south of Laconia and north of Concord. More information at www.shakers.org.



COURTESY (Left) First place 5K winner, Neal Darmody of Bow, NH crosses the finish line at The Runaway Pumpkin 10K & 5K Run/Walk setting a new Course Record (15:38, 5:02p). The 4th Annual event, presented by Eastern Propane & Oil, raised funds for the WOW Trail & Lakes Region Children's Auction.

fireplaces and space heating solutions. Free consultations, 24/7 service, online bill pay, installment plans, service plans, budget plans and pre-buy plans are all available through Eastern Propane & Oil.

HYDROPONICS

CONTINUED FROM PAGE A10

Because the greenhouse actually becomes too hot in the summer, she shuts down operations from late June until the end of August. Because of that, her growing season doesn’t intrude on traditional farmers who are providing vegetables to local residents and businesses during that time period. By mid-September, though, her plants are growing once again and ready to fill that fall and winter gap left by outdoor farms.

“It really works out well when they can provide residents and local businesses with crops throughout the summer, then I can provide them in the colder months,” said Horman.

One other goal she has is to help others enjoy her lettuce crop throughout the winter months and she welcomes people to contact her for fresh lettuce during her indoor growing season from Sept. until June.

Horman can be reached for inquiries on the availability of her lettuce through email at heidi@granitestategreens.com or by texting her at 998-1264.



DONNA RHODES

Granite State Greens in Sanbornton has a flock of 1,500 ladybugs, which help keep owner Heidi Horman’s hydroponically raised lettuce naturally free of pests throughout the winter months.



DONNA RHODES

Heidi Horman of Granite State Greens Sanbornton not only has a beautiful view from her state-of-the-art, high tech hydroponic greenhouse, but also raises 10 varieties of lettuce each fall and winter that are high in nutrients and pesticide-free.

MUSIC FEST

CONTINUED FROM PAGE A10

terbury Shakers will be presented in the Chapel of the Dwelling House, where the newly-restored 1887 Hook & Hastings pipe organ is installed.

Admission to the Music Festival is \$12 for adults and \$6 for children (6-17). Members of Canterbury Shaker Village pay half price. Under 5 free. Book online at shakers.org until 48 hours before the event. Tickets will also be sold over the phone (783-9511, ext. 285), and at the door. Library passes will not be honored for this event.

Enjoy the fall season and make some great memories with the fes-

GARDEN VISIT

CONTINUED FROM PAGE A1

the USA, Vietnam and Ireland. Light refreshments served.

The LRAA/Gallery is located in the Tanger Outlet Mall, Tilton, suite 132, 120 Laconia Road. The LRAA/Gallery features hundreds of members original paintings, prints and photographs. Regular hours are: Thursday-Sunday, 10 a.m.-6 p.m. The Gallery offers art and photography classes

to anyone, from beginners to accomplished artists. For membership, inquire within.



COURTESY

One of the many photographs taken at the Fuller Botanical Gardens, North Hampton by a member of the Lakes Region Art Association on a field trip recently held there. On Nov. 9, the LRAA Gallery will host an open to the public reception from 5-8 p.m. where photos taken at the Gardens will be displayed. The LRAA Gallery is located at Tanger Outlet Mall, 120 Laconia Rd., suite 132, Tilton.

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SPORTS

THE WINNISQUAM ECHO
SalmonPress.com

Bears shut out Brady to remain undefeated

BY BOB MARTIN
Bob@Salmonpress.news

TILTON – The defending champion Winnisquam Bears started off Saturday's game a little flat, despite going up 14-0 at halftime, but the Bears finished strong to win 35-0 over Bishop Brady to clinch the top spot in Division 4 with one game left in the football regular season.

Winnisquam improved to 6-0 and the Bears have won the last 15 games dating back to last year's perfect season.

Halfway through the first quarter, following a nice interception by Cooper French, Winnisquam put together a drive made up mostly of runs up the gut by Nolan Perino and Andre Cormier, as well as scrambling runs by quarterback Phil Nichols. Nichols then got it done in the air with a six-yard touchdown toss to French for the first score with 3:28 left in the first quarter.

While it put the Bears up 6-0, coach Derek Hunt was visibly upset with the way the team had come out to play in the

first quarter. The drive had several penalties that stalled the Bears at times, and there was a fumble at the five yard line that nearly negated the scoring chance. Hunt gathered his team on the sidelines and told them they needed to wake up and execute how he knows they can.

"Every week we start out slow and then we finally pick it up in the second half," Hunt said. "It's something I've been trying to address all season."

The next series for Bishop Brady saw quarterback Patrick Brust running all around the field eluding Winnisquam tacklers for a 20-yard rush to put the Giants into good scoring position. However, this chance would amount to nothing as the Bears managed to shut down Bishop Brady and have them turn the ball over on downs.

The Bears and Giants traded possessions, and then Gunnar Horman made a great diving play on a tipped pass by Brady Palmer for an intercep-



BOB MARTIN

Garret Mango runs toward the end zone on a nice screen play against Bishop Brady.

tion to get the ball back the end of the first half. However, the offense sputtered again thanks to solid Giant defense and the Bears turned the ball over on downs.

Fortunately, the Winnisquam defense

was playing just as well and forced a turnover on downs of their own. On the next possession for the Bears, Nichols scrambled away from pass rushers and hit wide receiver Garret Mango for a touchdown and the



BOB MARTIN

Phil Nichols scrambles and makes a throw for Winnisquam.

Bears went up 14-0 going into halftime.

Hunt said he was a bit more vocal during the halftime speech than usual and whatever he did appeared to help as the Bears came out firing on all cylinders in the third quarter.

"I was a little more vocal because we were not playing to the level we are capable of playing," Hunt said. "For 48 minutes of football we are better than how we were playing."

Hunt said this changed in the second half and he was happy to see the team make the adjustments needed to succeed.

Winnisquam recov-

ered a fumble on the first Bishop Brady possession and had the ball at midfield. With 8:25 left in the third quarter, Cormier punched the ball in from a yard out to make it 21-0 with the point after attempt good.

After a three-and-out for Bishop Brady, Winnisquam took over and quickly struck with a 35-yard touchdown pass to Mango. Mango made a fantastic catch on a screen pass that was low toward the ground, and then made defenders miss with jukes and twists to get all the way into the end zone on a great run to make it 28-0.

The final score would SEE FOOTBALL, PAGE B3

Bourque's tally lifts Belmont over Lakers

BY BOB MARTIN
Bob@Salmonpress.news

MEREDITH – The Inter-Lakes girls' soccer team hosted the Belmont Red Raiders last week and it was a tight battle from beginning to end, with Belmont walking away with a 1-0 win.

The game was scoreless until the 73-minute mark when Sana Syed sent a nice through pass to Sierra Bourque, who launched a shot from the 18-yard mark for the goal. Goalie Emma Cochran did well keeping the Lakers scoreless with eight saves in the match. Molly Sottak and Rebecca Fleming were the stars on defense for Belmont.

"We knew Inter-Lakes defense is very organized and it was going to take a big play to score on them," coach Mark Dawalga said. "Sana really made a great run from her defense position, going 30 yards forward with the ball before hitting Sierra for the game winner. It was a very special play by a very special player. I really could not be happier for her. Good team win against a very good Inter-Lakes team."

Belmont also came SEE SOCCER, PAGE B10



BOB MARTIN

Katie Gagnon handles a ball for the Red Raiders against Inter-Lakes.



BOB MARTIN

Emma Cochran had a shutout victory for the Red Raiders in goal.

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Raiders win second in a row

BY BOB MARTIN
Bob@Salmonpress.news

CLAREMONT – The Belmont High School volleyball team traveled to Stevens High School

last week and won in three sets for the team's second-straight win.

Belmont won by scores of 25-14, 25-14 and 25-13 in the sweep win.

Seniors Becca Camire and Bryhannah Pinard were 15/15 and 12/12 from the line respectively. Senior Haley Treamer was 10/11 from

the line.

Juniors Isabella McDonald and Mikaylah Stewart were 7/7 and 5/5 from the line, also. Overall Belmont was 93

percent serving.

“The attack was spread out evenly between all the hitters, and Belmont played very well in the back

line,” said Camire. “We look forward to our last busy week of regular season play, meeting Winnisquam, Nute, and Epping.”

Scoring troubles haunt Bears in pair

BY BOB MARTIN
Bob@Salmonpress.news

TILTON – The Winnisquam soccer team fought hard in a pair of losses last week, but the Bears had trouble scoring and lost a pair of matches.

On Oct. 16, the Bears hosted St. Thomas Aquinas and while the game was 0-0 at halftime, St. Thomas Aquinas woke up and piled on three goals in the second half for the win. Winnisquam had only three shots on goal compared to nine for St. Thomas Aquinas.

On Oct. 18, Winnisquam traveled to Berlin and took a 3-1 loss. It was 1-1 at halftime with the lone score by Ayden Cushing. Berlin scored twice in the final 20 minutes to secure the win. Jacob Holt did well in goal for the Bears, but Berlin keeper Jalen Lacasse made several outstanding saves to keep Winnisquam in check for the most part.

The Bears finish the season on Friday for the senior game against Franklin for a 4 p.m. start.



Ashley Deshaies sends a ball up field for the Bears against St. Thomas Aquinas.



Eric Young controls a header for Winnisquam against St. Thomas Aquinas.



Jacob Holt scoops up a ball for Winnisquam.

Pair of Sottak hat tricks propels Belmont to victories

BY BOB MARTIN
Bob@Salmonpress.news

BELMONT – The Belmont boys' soccer team has been on fire of late with four straight wins going into the final week of the season, including a pair last week against Hopkinton and White Mountains.

On Oct. 15, the Red Raiders hosted Hopkinton and came away with a 4-3 win. Belmont honored its 10 graduating seniors before the game and the team rallied to give them a win.

Hopkinton struck first but Belmont answered with a goal by Nate Sottak on an assist by Lucas Mathieu. Hopkinton added two unanswered goals to make it 3-1 in the second half. With less than five minutes on the clock, Mathieu sent a free kick from 25 yards away and put it in the lower left corner of the net to make it 3-2. With only 30 seconds left in regulation, the Hopkinton goalkeeper bobbled the ball and Sottak took advantage by sending the ball into the back of the net for the tie.

Goalie Jacob Bivens was huge in overtime, as he stopped a breakaway and saved the game. With less than two minutes left Sottak completed the

hat trick with a game winner from 35 yards out. The ball was perfectly placed under the crossbar to make it 4-3.

“It was truly an outstanding game,” said coach Mike Foley.

On Oct. 18, the Red Raiders traveled to White Mountains for a wet, cold and windy matchup. However, Belmont rose to the occasion and dominated with a 6-0 victory.

Belmont scored 14 seconds into the game with a goal by Sottak from Mathieu. At the 13-minute mark Sottak scored again on a pass from Bryce Hall. Kadin Jewell had his first varsity goal at the 33rd minute mark to go up 3-0. Sottak would make it another hat trick at the 35-minute mark with a goal assisted by Ben Hillsgrove.

At the 55th minute, William Riley scored unassisted, which was followed by Hillsgrove's first varsity goal off a penalty kick at the 75th minute. Bivens had three saves and Devin Bricknell shined on defense in the shutout win for Belmont.

Belmont played Prospect Mountain on Oct. 22 after deadline. The final game of the regular season is Oct. 25 at St. Thomas Aquinas for a 4 p.m. start

Laconia Lacrosse Club hosts free clinic

LACONIA — The Laconia Lacrosse Club hosted a free clinic for both boys and girls on Saturday, Oct. 12, at the Laconia High School lower field.

“Lacrosse is a fast-paced sport that a lot of parents never played, so getting their kids into it is a less obvious choice,” says girls' coach Rose Marie Marinace. “I started coaching because my daughter wanted to play, and I've rarely met a kid who doesn't like it once they've been taught the basic skills. It's exciting and it's challenging. It makes you proud to be successful at it, but it's definitely a game that requires a team spirit to be successful.”

For the last eight years, Marinace has been coaching for the Laconia Lacrosse Club, and her husband, Paul has been coaching for four years. “Paul has the temperament for the younger girls,” she says. “He's competitive, but adds in piggy back rides and cookies. His 8U and 10U teams have been



Laconia Lacrosse Club hosted free clinics for boys and girls at Laconia High School.

undefeated the past two years and the girls I inherited in the 12U have learned to play together as teammates who like each other—it makes a wonderful difference to coach them when they get along.”

Club president Mike Holmes was on hand to work with the boys who showed up. Holmes and his twin, Nick, played lacrosse as kids in Laconia and now they con-

tinue to coach together. “The boys' game is very different from the girls' game,” Mike Holmes said. “They share the same ball and the same name, but the other equipment, field and rules share nothing in common.”

The Laconia Lacrosse Club is open to anyone in all the surrounding towns without a team. While all players in New Hampshire Youth La-

cross must be members in US Lacrosse, there are no additional fees to play with Laconia, and uniforms are provided.

Free clinics will continue on Sunday nights beginning in January and February before the start of the season in March. Google “Laconia Lacrosse Club” or e-mail laconialacrosseclub@gmail.com to get on the mailing list and for more information.

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BOB MARTIN

Gabby Isabelle has been the top offensive player for the Bears all season.



BOB MARTIN

Setter Chloe Colarusso sends a pass for the Bears last week.

Winnisquam wraps up three more wins

BY BOB MARTIN

Bob@Salmonpress.news

TILTON – The Winnisquam volleyball team improved to 12-2 on the season with three wins last week.

The Bears hosted Farmington on Oct. 15 and had a sweep win with scores of 25-14, 25-14 and 25-13.

“Winnisquam con-

trolled all three games from start to finish, building large leads and controlling the tempo of each game,” said Coach Mike Livernois. “Strong service and an efficient offense helped Winnisquam control the first game.”

In the first set, Gabby Isabelle had six kills and Emma Richardson had

seven digs. Setter Chloe Colarusso was outstanding from the serving line, posting three aces in points 19 through 23.

Strong serving was the name of the game again in set two, with nine of the 25 points coming on aces. Emily O’Neil had five aces, serving points 14 through 20.

The third game was

led by Emma Richardson’s five kills. Colarusso was on top of her game distributing the ball and Olivia Dill led the defense.

In total, Winnisquam had 16 aces in the win.

Leading the way for Winnisquam was Isabelle, who had 12 kills and eight digs on the night. Richardson had



BOB MARTIN

Hanna Honeman serves for Winnisquam in a match last week over Farmington.

FOOTBALL

CONTINUED FROM PAGE B1

come with 9:40 left in the fourth quarter on a 50-yard run by Nichols for a touchdown, where he triumphantly dove into the end zone for a score.

Leading the offensive charge was Nichols, who was his usual self, taking control of both the running and passing attack. He had 105 yards to lead all rushers with a touchdown. He was also 9/14 passing with 87 yards and three touchdowns.

Nichols said this was a key win as it clinches first place and home field advantage. He admitted that the team did come out a bit slower than he would have liked, but after an inspired halftime speech by Hunt, the team responded by playing at a higher level.

While Bishop Brady’s defense did well covering the Winnisquam receivers, Nichols had plenty of time to pass throughout the game and he said the “line held up great.” Nichols was patient looking for his receivers and didn’t force throws, which is something he said the team works on everyday in practice to perfect. He said it certainly helps to have a group of receivers who can go up and catch the ball, and follow with a big play at any point.

Nichols is happy with the way the team has played so far this season.

“We have definitely gelled as a team and it has shown,” said Nichols. “I love all the guys on the team.”

Cormier had 31 yards rushing and a touchdown. Mango had a pair of receiving touchdowns and 59 yards, but he was also excellent in pass coverage with several deflected passes and constant disruption of receivers.

Horman was held in check much of the day by the Bishop Brady defense, but did well blocking for runners and picking up extra yards after the catch on a couple of screen passes. He was also highly effective at cornerback,



BOB MARTIN

Gunnar Horman makes a diving interception for the Bears last week.



BOB MARTIN

Andre Cormier had 57 yards and a rushing touchdown.



BOB MARTIN

The Winnisquam defense stepped up and held the Bishop Brady offense scoreless.

with an interception, pass deflection and helping hold Bishop Brady’s passing attack for less than 100 yards.

Nichols and Hunt noted that pass coverage was a point of emphasis this week and they were happy with the way the defensive backs and linebackers responded.

French had one re-

ception for a six-yard touchdown, but was also a force on defense with an interception and a fumble recovery. Palmer also played well on defense with a fumble recovery and tipped pass.

The team is looking forward to the upcoming game at Franklin High School on Satur-

day at 2 p.m., which Hunt and Nichols both agree is big for the Bears no matter what the teams’ records are.

“We play Franklin and that is a rival game,” said Nichols. “We want to finish the season off strong even though we already have that clinch. It’s at Franklin too, so it should be a good one.”

eight kills and 13 digs. Colarusso had a nice line of 24 assists, six digs and five aces. O’Neil had five kills, five digs and eight aces. Dill had eight digs. Hanna Honeman had four digs, two aces, a kill and a block.

“This was one of our most complete matches of the season, controlling the match from the beginning with strong serving, balanced offense and good passing,” Livernois said. “I am hoping the team can maintain this level of play heading into the tournament.”

The Bears sustained this level of play the following game with a commanding three-set victory over Nute by scores of 25-7, 25-11 and 25-18.

Serving was once again the difference maker as the team finished with 19 total aces. In the first set, Honeman had six aces and O’Neil had two aces while serving points 19 through 25. Nicole Reusch served well

in the second set with four aces. By the end of the game, all 12 players on the team had played and impressed Livernois.

Isabelle record 15 kills and three digs in another great all-around performance. Richardson had seven kills and 11 digs. Colarusso had 21 assists and five digs. O’Neil had three kills, six digs and six aces. Reusch had seven digs and three aces.

On Oct. 18, the Bears swept Franklin by scores of 25-9, 25-14 and 25-17. Isabelle had 12 kills and six digs; Emma Richardson had nine kills and five digs; Colarusso had 26 assists and four digs; O’Neil had four digs and six aces; Honeman had four digs and three aces and Reusch had two digs and five aces.

“With 25 aces and 30 kills, Winnisquam controlled all three sets of this match,” said Livernois. “This was our third match in four days and a nice ending to the week.”

Bears, Raiders run at Capital Area Championships

BY BOB MARTIN

Bob@Salmonpress.news

PENACOOK – The Belmont and Winnisquam cross country teams competed in the Capital Area Cross Country Championship at Merrimack Valley High School last week.

Belmont High School

The boys’ team was led by Jared Whitcomb with a 38th place time of 19:29. Chris Pare was 51st with a time of 20:28; Brandon Robichaud was 58th with a time of 20:57; Micah Edgren was 68th with a time of 20:57; Cody Annis was 71st with a time of 23:17 and Tanner McKim was 72nd with a time of 24:16.

The girls’ team was led by Aurora Couto’s 18th place time of 21:37. Alyssa Edgren was 33rd with a time of 23:25; Mercedes McIntyre was 37th

with a time of 26:18; Hannah Leclair was 38th with a time of 28:58 and Amelia Cluett was 39th with a time of 29:58.

Winnisquam Regional High School

Leading the boys’ team, which was eighth overall, was Riley Mann with a time of 17:47 for 13th place. Dylan Robert had a 16th place time of 17:53; Joey Damato was 50th with a time of 20:20; Brennan Dunn was 57th with a time of 20:56 and Sheamus Dunn was 73rd with a time of 24:36.

The girls’ team was led by Faith Gosselin, who finished eighth overall with a time of 20:17. Hannah Swain was 48th with a time of 26:10; Marguerite Parker was 50th with a time of 27:30 and Kaylee White was 54th with a time of 35:18.

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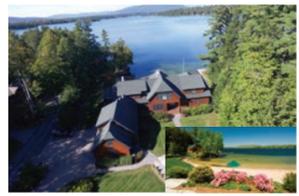
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Featured PROPERTIES



TUFTONBORO
 This rare 3 bedroom, 2-1/2 bath contemporary ranch with many upgrades shows quality and craftsmanship throughout and located within walking distance to marina and beach on Lake Winnepesaukee.
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TUFTONBORO: Meticulously maintained 3,700 sq. ft. farmhouse in quaint Melvin Village features 6 bedrooms, 3 bathrooms, an attached barn with plenty of storage space and views of the water. There's also boating access across the street!
GOV. WENTWORTH HWY. \$625,000



TUFTONBORO: One of a kind 3-acre island property boasts a 4 bedroom/3 bathroom home, 225 feet of water frontage, dock, boathouse, hot tub, outdoor shower, incredible views and more!
COW ISLAND \$1,299,000



MOULTONBOROUGH: Sited on the grounds of Bald Peak Colony Club, this home enjoys fantastic views of the 14th green & fairway and maintains a classic style with a fireplace, great room, formal living room, 3-season porch & more.
VIEW DRIVE \$875,000

LAND

TUFTONBORO: 92.1 acres atop a 3.5 - 4 million cubic yard sand bank that is fully permitted for industrial sand removal! The property has been core tested and has two points of access.
SANDY KNOLL ROAD \$3,900,000

WOLFEBORO: This 1.2 acre lot offers privacy due to its location at the end of the road, yet it's close to town and only a short walk to the beach!
APPLEWOOD DRIVE \$55,000

TUFTONBORO: Marvelous 6 acre building lot in the beautiful hamlet of Melvin Village offers privacy, yet it's conveniently located in the village close to the town beach.
GOV. WENTWORTH HWY. \$165,000

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Full- and part-time. garnethill.com/careers or Main Street Franconia office. We look forward to meeting you!

RESORT PROFESSIONALS WANTED!

THE MOUNTAIN CLUB on Loon

**We are currently looking for:
JUNIOR ACCOUNTANT**

Primary Responsibilities:

- A/P, A/R, General Ledger and account reconciliations
- Coordinate and assist in the preparation of monthly financial reporting
- Month end financial journal entries; and balance sheet reconciliations
- Support year-end close process
- Will assist with the preparation of financial reporting, budgeting, forecasting

Qualifications:

- 1 to 5 years' experience as an AP Specialist
- 2 year degree in accounting or accounting experience

Benefits:

- Paid Time Off, 401k, health insurance, health club membership, ski pass

Please email resumes to Laura Doyle at ldoyle@mtclub.com

The Mountain Club on Loon
90 Loon Mountain Road, Lincoln, NH 03251
mtclub.com

STATE OF NEW HAMPSHIRE

HIGHWAY MAINTAINER I/II and III

\$28,828.60-\$38,979.20 HM I
\$31,096.00-\$42,348.80 HM II
\$34,798.40-\$47,819.20 HM III

ASSISTANT HIGHWAY PATROL FOREMAN

\$36,129.60 - \$49,878.40 AHPF

The NH Dept. of Transportation, District One, has vacancies for full time positions in **Franconia** as an **HM I/II** (#21476), **HM III** (#20363) and **AHPF** (#20527) to assist in performing year round highway maintenance activities and projects involving operation of vehicles, trucks, manual and specialty labor skills in the operation of hand tools, power tools and motorized equipment used for highway maintenance, construction activities, and for emergency traffic services for the NH State Highway System.

Min. Qualifications: (HM I)- High school diploma/equivalency credential. 3 months of work experience preferably in a field related to highway maintenance. (HM II)- High school diploma/equivalency credential. 1 year of experience in the operation of light motor driven equipment. (HM III)- High school diploma/equivalency credential. 2 years of experience in the operation of motorized highway equipment, preferably grader and loader. (AHPF)- Associate's degree from a recognized college or technical institute with a major study in civil technology/public works administration or 2 years of college with a minimum of 6 semester hours in civil technology/public works administration. 3 years of experience in all phases of highway maintenance or general construction work.

License/Certification: Must possess a valid driver's license. The applicant's Motor Vehicle Record (MVR) must meet the minimum standards as established by the hiring agency. HM I applicants must obtain a valid Commercial Driver's License (CDL-B) with appropriate endorsements prior to completion of the probationary period. HM II applicants must possess a valid CDL-A or B. HM III applicants must possess a valid CDL-A. AHPF applicants must possess a valid CDL-B with appropriate endorsements.

Special Requirements: Offers of employment are conditional upon the individual obtaining a CDL medical card. Must receive a negative result on a pre-employment urinalysis drug screen in accordance with the Code of Federal Regulations and US DOT requirements.

For more information contact Philip Beaulieu, District 1 Engineer, at 603-788-4641.
EOE

Search for Job ID# 15560, 15998 or 15186 and complete an on-line application at:
<https://das.nh.gov/jobsearch/>

NFI North, Inc.

Inspiring and empowering people to reach their full potential

NFI North is seeking a full time **Program Director** to implement and oversee our Community Based Services that include Intensive in home services; Individual Service Option, Home Based Therapeutic and Foster Care Services.

NFI North's Community Based Services are delivered in the community, generally in the family home and include service models that include: Diagnostic Assessment, Outreach, Family Stabilization, Case Management, Care Management, Wraparound, Respite Care, Parent Education, Support Services, and Evidence Based Models (such as TF-CBT, DBT, Supported Employment and many others). NFI programs use a trauma informed approach and incorporate a strength based model that supports our youth and family driven approach

Responsibilities include: oversight of clinical and programmatic operations, including ensuring compliance with state and local regulations, managing referrals, intake, discharge, service discharge plans, fiscal management, hiring and terminating all staff, record keeping, training and supervision of staff, facilitating weekly meetings, and attending external meetings.

Candidates will embrace our agency mission which is "to inspire and to empower people to achieve their full potential so they can live successfully in their own home and own community".

Candidates for this service must be flexible and willing to lead and administer the various projects as well as provide services as appropriate. This position includes on-call and travel as we will be serving several locations throughout Northern New Hampshire.

Requirements: Master's Degree in Social Work or Human Services and a minimum of five years supervisory experience. Candidates with certification as an LICSW or LCMHC are preferred. Willingness to travel is required. Starting salary \$60K commensurate with experience, education and licensure.

NFI North offers competitive salaries and environments that allow for creativity, a sense of empowerment and many opportunities for advancement. We offer comprehensive health and dental insurance and generous time off plan including three weeks paid vacation and additional sick and holiday time. We provide tuition reimbursement, retirement match, in addition to excellent training and a supportive work environment.

NFI North is a proud partner with Southern New Hampshire University's (SNHU) College for America. **Not only do we offer our employees access at incredibly low and affordable rates, you can also enroll your immediate family members.**

Please send resume and cover letter to: Program Director, NFI North, 249 Main Street, Littleton, NH 03561 or email nfinorth@nafin.com

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EOE/AA

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Energysavers Inc. is expanding its sales team and looking for its next "Dedicated Sales Advisor". We are a highly recommended 40+ yr old Lakes Region retailer of well known hearth & spa products.

You can earn while you learn! No prior experience required. All Energysavers employees are expected to participate in all aspects of the business. Must have a valid driver's license & be able to lift/carry an 80lb min. Hourly pay plus commission. Stop in to fill out an application:

**Energysavers Inc.,
163 Daniel Webster Hwy, Meredith NH**

**Ashland
Lumber**

A division of Belletetes, Inc.
Hardware Sales

We are looking for a full-time hardware sales person who enjoys people and has good customer service skills. Knowledge of paint, plumbing and electrical as well as a basic understanding and knowledge of hardware preferred but not required. Weekend hours required on a rotating basis.

You may apply in person or download an application from our website. All applications should be submitted to:

Rick Ash, Hardware Manager
20 West Street, Ashland, NH 03217
or you may email to rash@belletetes.com.

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**CAMPTON SCHOOL DISTRICT
Campton Elementary School
2019-2020 School Year**

Long-term Substitute Grade 4 Teacher
(Must be certified)
Beginning approximately December 2, 2019
through January 31, 2020

Long-term Substitute Grade 2 Teacher
(Must be certified)
Beginning approximately March 2, 2020 through
the remainder of the 2019-2020 school year.

Please send letter of intent, resume, references and certification to:

David Hamnett, Assistant Principal
Campton Elementary School
1110 NH Rte. 175
Campton, NH 03223
dhamnett@pemibaker.org

**VARNEY-SMITH
Lumber Company, Inc.**

INSIDE SALES PERSON NEEDED

Duties to include:

- Retail sales of lumber & building materials, windows, doors, cabinets as well as customer service.
- Must be conscientious, self-motivated, good with people, a team player
- Must have knowledge of the building industry
- Able to lift a variety of building materials
- Preferably long-term employee

Benefit to include:

- Competitive Wages
- Health Insurance
- Vacations
- Holidays
- Overtime pay

Please Apply in person at
2701 Route 302, Lisbon, NH 03585
No phone calls please.

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To learn more about Tuba City Regional Health Care Corporation, call our Human Resources at 928-283-2432 or e-mail TCRHCCRR@TCHEALTH.ORG

WWW.TCHEALTH.ORG

**Ashland
Lumber**

A division of Belletetes, Inc.
Lumber Counter

This is a full time position in our Ashland Lumber store. Duties include assisting customers and contractors with product selection and order entry. Minimum 2 years experience in the building industry. Basic computer skills required. Excellent customer service skills a must. Will be required to work some Saturdays and Sundays. Saturday hours 7:30 - 5:00 pm and Sunday 8:00 am to 2:00 pm.

You may apply in person or download an application from our website. All applications should be submitted to:

Dan Uhlman, General Manager
20 West Street, Ashland, NH 03217
or you may email to duhlman@belletetes.com.

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**COMMUNITY
ACTION
TRI-COUNTY CAP**

Cook
Tri-County CAP
Head Start
Woodsville Area Program

Requires skills in cooking in quantity, the ability to manage food services, complete necessary records and work with young children and their families.

This is a full-time, up to 30.5 hrs./wk., and up to 40 wks./yr. position. Salary is \$10.71 /hr. Benefits package with paid school vacations and sick leave as accrued.

Interested candidates please apply with a letter of introduction, transcripts and resume post marked by August 30th, 2019, to:
Tri-County Head Start, 610 Sullivan St., Berlin, NH 03570 or email kthomas@tccap.org

EOE

**SAU # 2
Inter-Lakes and Ashland School Districts
VACANCIES**

**SAU # 2
SUBSTITUTE SCHOOL NURSES**
Inter-Lakes and Ashland School Districts are seeking substitute School Nurses. Must have valid RN License; experience in a school setting preferred. \$150 per day.

**Inter-Lakes School District
PERMANENT FLOATING SUBSTITUTE**
4 days per week (maximum), \$100 per day. Mondays and Fridays mandatory. Schedules are subject to change based on staffing needs. Must work cooperatively and effectively with students and staff.

CUSTODIAN
Inter-Lakes School District is seeking a full-time Custodian to perform routine cleaning and minor maintenance for school buildings. Previous custodial experience preferred.

All applications should be submitted to:

Ashley Dolloff, Human Resources Director
ashley.dolloff@interlakes.org
Inter-Lakes School District
103 Main Street, Suite 2, Meredith, NH 03253

Positions open until filled.
EOE

THANK YOU
for browsing The Town-to-Town Classifieds!

HELP WANTED

B6 • Thursday, October 24, 2019

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- Construction experience a plus

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**WINNISQUAM REGIONAL SCHOOL DISTRICT SAU 59
19-20 School Year Openings:**

Elementary Schools
K-5 Library Media Learning Specialist- Requires MEd in Education Technology and Library Media Certification (Dual Cert)

Winnisquam High School
SPED Teacher
Long Term Substitute SPED Teacher - "Anticipated Opening" - Must have Teaching Certification

District Wide
School Social Worker
Paraprofessionals - Starting pay \$14.50/hour
Food Service Assistant Manager
Food Service Substitutes
Substitute Teachers, Paraprofessionals and Nurses
Substitute Custodians

***** Applications accepted until positions are filled *****
For consideration, send a cover letter, resume, application (www.wrsdsau59.org), copy of certification if applicable, references and transcripts to:

Office of the Superintendent, Winnisquam Regional School District, 433 West Main Street, Tilton, NH 03276
EOE

**VACANCIES
BERLIN PUBLIC SCHOOLS**

Bus Drivers
Willing to Train

**Substitute Teachers and
Educational Assistants**
Berlin Elementary School
Certified Special Education Teacher
EBD Endorsement Preferred
Experience working with Emotional Disorders
Special Education Assistants/Paraprofessionals
Trained in Applied Behavior Analysis Principles
& Strategies Preferred
30 hours per week

Berlin Middle High School
Level 1 Wilson Reading Systems Teacher/Tutor
2 hours per day/10 hours per week
Grades 9-12

Interested individuals should send a letter of interest, resume, transcripts, and completed application (located at www.sau3.org) to Julie King, Superintendent, 183 Hillside Ave., Berlin, NH 03570 or email hr@sau3.org. EOE

NCH Upper Connecticut Valley Hospital

JOB OPPORTUNITIES

***SIGN ON BONUS!**

**Full-Time
*RNs
with two years' experience**

Additional Full-Time Opportunities

Coding Supervisor	Physical Therapist
Patient Financial Counselor	Radiologic Technologist
Ultrasound / Echo Technologist	

Part-Time Opportunities

Unit Secretary (Night Shift)

Per-Diem Opportunities

RN	LNA
Housekeeper	Materials Mgmt. Technician
ED Technician	

**APPLY ONLINE
WWW.UCVH.ORG**

Upper Connecticut Valley Hospital
181 Corliss Lane, Colebrook, NH 03576
Phone: (603)388-4236
ucvh-hr@ucvh.org
EOE



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Holderness Central School Holiday Fair
November 23rd
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Contact Beth Tobyne
taylors.myworld@gmail.com
603-254-8613

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OLD NH FISH and Game, ca. 1890, bearing laws, penalties and seasons on moose, caribou, furbearers, fish, etc. measures 12"x18" May be seen at the Coos County Democrat, 79 Main St., Lancaster, NH. Price, \$4; if mailed, \$10. Call 603-788-4939 or email lori@salmonpress.news

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We are hoping someone may have him or have seen him?
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Call Owner 603-365-1778
or Granite State Dog Recovery
1-855-639-5678

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www.RozzieMay.org or call
603-447-1373

General Help Wanted

HAIR STYLIST WANTED
Unique Ambiance Hair Studio in Meredith is looking for a stylist or booth renter to join our team!
Contact Leah 603-707-0470

LICENSED MASSAGE THERAPIST
Immediate opening at White Mountain Athletic Club in Waterville Valley, NH. Regular weekly schedule including holidays and some weekends.
Excellent pay. 603-236-8303

Mahoneys Plumbing & Heating
is currently accepting applications for a licensed plumber or experience apprentice. Come join a busy, small plumbing house with a large residential customer base. Must have valid license and hand tools, work van provided. Excellent pay for the right person!
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Plymouth State UNIVERSITY

Plymouth State University has the following positions available:

Public Safety Officer
Financial Aid Award Manager
Financial Aid Specialist
Student Financial Billing Specialist
Institutional Assessment Analyst
Catering Coordinator
Program Support Assistant Billing Manager

FACULTY:
Tenure-Track Assistant Professor of British Literature

FACILITIES:
Building Service Worker (Custodian) - All Shifts
Lead Worker - Recycling Groundswoker
HVAC/PM Mechanic

ADJUNCT:
Shuttle Bus Driver

To view full descriptions of the positions and to apply, please visit
https://jobs.usnh.edu

Plymouth State University is an Equal Opportunity/Equal Access/Affirmative Action institution.

General Help Wanted

The Lincoln Woodstock Community Child Care Center is accepting applications to join our teaching team, to provide excellent care and early learning experiences to our students. Applicants need 9 credits in Early Childhood Studies, and submit a background check. Individual should be caring, energetic and have strong communication skills with both children and their families.

Interested individuals please send resume to:
LWCCCC - PO Box 965
Lincoln, NH 03251

The Village of Loon Mountain has the following open fulltime positions:

- * Night Supervisor
- * Front Desk Agent
- * Housekeepers
- * Houseman
- * Laundry Attendant

Fulltime Benefits include but not limited to: Health and Dental Insurance after 90 days, holiday pay, sick days and 1-week paid vacation after 1 year of employment. Discounted stays at other VRI properties and exclusive membership to onsite Health Club.

How to Apply:
In person: 72 Loon Village Rd.
Lincoln, NH 03251

Part-Time Help Wanted

Hebron Library- Position available. Responsibilities include all aspects of library operations. Minimum 11 hours weekly: M2-5;W1-5;Sat9-1. Experience required. Send Resume: hebronlibrary@metrocast.net. Subject Line: Library Position.

Home Improve-

DREW'S AFFORDABLE STEEL ROOFING & SHINGLE PRO
FREE ESTIMATES
CALL 455-2014

Bring your classified ad right into the office located nearest to you and drop it off. We'd love to see you!

Time Share Sales

Time Share at Steele Hill will transfer for FREE, take over annual fee and no charge for transfer fee (owner to pay transfer fee)
Week: Floating is a 2 Bedroom unit with 2 lockout Baths and Sleeps 4 with pull out couch for additional 2 people - total 6 person sleeping arrangement

Perched on top of Steele Hill in the heart of New Hampshire's Lakes Region, *Steele Hill East & Steele Hill West* offers stunning views of Lake Winnepesaukee and Lake Winnisquam, framed by the White Mountains. Set amongst 500 acres of unspoiled fields and hardwood forests, guests enjoy a 9-hole executive golf course, snowmobile trails, snowshoeing, and hiking, as well as fishing in a private pond. Magnificent year-round swimming pools and hot tubs in a plant-filled conservatory are the centerpiece of The Amenities Center. Other guest privileges include additional indoor and outdoor pools, tennis and racquetball courts, exercise rooms, a Roman Spa, whirlpools, sauna, and an enclosed observation tower. Steele Hill Resorts is the perfect location for your next vacation.

Real Estate



Equal Housing Opportunity
All real estate advertising in this newspaper is subject to **The Federal Fair Housing Law** which makes it illegal
"to make, print, or published any notice, statement, or advertisement, with respect to the sale, or rental of a dwelling that indicates any preference, limitation, or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention to make any such preference, limitation or discrimination."
(The Fair Housing Act of 1968 at 42 U.S.C. 3604(c))

This paper will not knowingly accept any advertising which is in violation of the law. Our readers are hereby informed, that all dwellings advertised in this newspaper are available on an equal opportunity basis.

To complain of discrimination call HUD toll free at 1-800-669-9777

For The Washington DC area, please call HUD at 275-9200.

The toll free telephone number for the hearing impaired is 1-800-927-9275.

You may also call **The New Hampshire Commission for Human Rights** at 603-271-2767 or write

The Commission at 163 Loudon Road, Concord, NH 03301

Neither the Publisher nor the advertiser will be liable for misinformation, typographical errors, etc. herein contained. The Publisher reserves the right to refuse any advertising.



Loon
Looking for an exciting career opportunity? Loon is now hiring for winter operations and offers a great benefits package with Skiing/Riding passes. Apply now:
Property Maintenance Supervisor
Guest Services Manager
Assistant Guest Services Manager
For more info or to apply on-line visit www.loonmtn.com

Rivergreen Resort
Hotel and Condominiums at Loon Mountain
Full and Part time front desk positions
Some weekend shifts required
Please apply at
Rivergreen Resort
48 Cooper Memorial Drive
Lincoln, NH 03251

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Upper Valley Press, Inc., a 100% employee owned (ESOP) company, provides excellent wages, benefits, 401(k) retirement saving and much more. We offer opportunities in a solid company with an excellent record of stability and growth. Please submit a resume with wage requirements or apply in person to:
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446 Benton Road
North Haverhill, NH 03774
resume@uvpress.com

TOWN OF MOULTONBOROUGH ROADSIDE MOWING SERVICES
The Town is seeking proposals from Contractors to perform approximately 37 miles of roadside mowing, within the Town's right of way to be completed immediately, and by the end of the 2019 fall season. Work to be performed as part of the 2019 Roadside Mowing Program includes mowing both sides of the roads as detailed in the Roadside Mowing Road List. The request for proposals, contract details, bid sheet, and the road list is posted at www.moultonboroughnh.gov, Request for Proposals. Proposals are due no later than 2:00 p.m., Thursday November 7th and will be accepted at the Offices of the Select Board, 6 Holland Street, PO Box 139, Moultonborough, NH 03254. Any questions regarding this invitation can be addressed through the Public Works Department at 603-253-7445.

EMPLOY CLASSIFIED FIRST

HELP WANTED
Mondovi Dental has a dental hygienist opening in Meredith.
Hours are part time (2 days per week).
Apply to talentacquisition@midwest-dental.com.

SHAKER REGIONAL SCHOOL DISTRICT REQUEST FOR PROPOSALS - SNOW REMOVAL
Shaker Regional School District is soliciting quotes for snow removal at its three campuses in Belmont, NH. Bid specifications can be found on the district website, www.sau80.org, or by contacting Steve Dalzell, Director of Building & Grounds, at 603-267-9223 ext. 5309. Proposals are due by noon on October 31, 2019. The Shaker Regional School Board will award the bid at its meeting on November 12, 2019.





JOSHUA SPAULDING

Will Robarge of Belmont High School shot a 96 at the Mount Washington Golf Club during last week's Division 3 state championship.



JOSHUA SPAULDING

Paige Irving putts for the Red Raiders at the Division 3 state championship match where she shot a 92. She shot a 46 at the girls' golf state championship, which was third in the medal division.

SOCCER

CONTINUED FROM PAGE B1

away with a 4-0 shutout win over White Mountains. At the 37-minute mark, Katie Gagnon scored with an assist by Bourque. At the 61-minute mark, Fleming scored on a penalty kick. At the 67-minute mark, Bourque scored with an assist by Gagnon. At the 77-minute mark Gagnon scored her second goal of the game with an assist by Jada Edgren.

Cochran and Maddie Lima combined for the team's ninth shutout of the season. Dawalga praised the work on defense by Edgren, Kailey Gerbig, Emma Winslow, Gabby Day, Lena Rodrigues and Brooklyn Erlick.

"It took some time for us to get going in the first half, but really thought our passing in the second half was the difference in the game," said



BOB MARTIN

Sana Syed moves the ball up the field for the Red Raiders in a win over Inter-Lakes.

Dawalga. "We were able to move the ball around more the second half and find some open space to work in that lead to the three goals. This team has worked hard all year

and it was nice to see their hard work pay off."

On Oct. 25, the Red Raiders finish off the regular season at home against Laconia for a 4 p.m. game.

Field hockey Bears finish with a flourish

BY BOB MARTIN
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TILTON – The Winnisquam field hockey team was coming off back-to-back shutout losses, but the Bears turned things around with an 8-0 victory over a struggling Franklin squad to finish off the regular season on a high note.

Hannah Max scored with Meghan Cote assisting five minutes into the first half to go up 1-0. With 12:18 on the clock, Maddie House scored a goal with an assist by Lexi Poole. About 1:30 later, House struck again with a goal

assisted by Cote.

Cote then scored a goal of her own with an assist by Max at the 4:50 mark. Rounding out the scoring in the second half was Max with a goal and two unassisted goals by Cote.

Coach Samantha Magoon was happy with the work of House and Poole, saying they did a great job defending the ball and getting the ball up to the front line. She felt the team did very well in the last game of the regular season, saying they worked together to keep the ball on their end and execute when it came to corner

plays.

Magoon also said it was a good way for the seniors to finish the regular season in front of a home crowd. The game was under the lights and the Bears recognized their three seniors Hannah Max, Meghan Cote and Madison Genier. "My three seniors were pleased to end their regular season with a win and now look forward to the playoffs," said Magoon.

The Bears traveled to Mascoma for the first round of the playoffs, which took place Wednesday after deadline.

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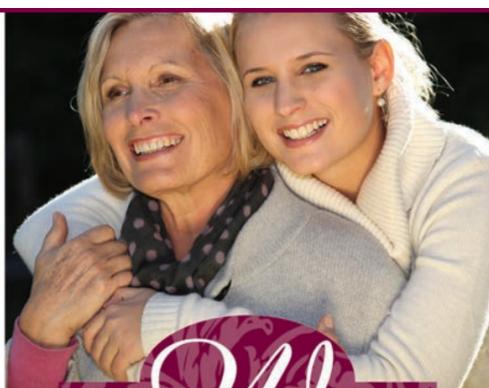
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